Antiproliferative Activity of Allelochemicals Present in Aqueous Extract of *Synedrella nodiflora* (L.) Gaertn. In Apical Meristems and Wistar Rat Bone Marrow Cells

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Abstract: Synedrella nodiflora (L.) Gaertn. is a kind of weed with ethno medicinal uses. Here, we aimed to evaluate the antiproliferative activity of AESN (aerial parts aqueous extract of S. nodiflora) in root and shoot apical meristems and WRBMCs (Wistar rat bone marrow cells). The phytotoxic and antiproliferative activities of AESN were evaluated using green-gram seedlings and onion roots. The AESN induced cell cycle delay was analysed by scoring mitotic index, interphase cell frequency, prophase-metaphase and anaphase-telophase cumulative frequency in onion apical meristem cells and by analysing metaphase frequency in WRBMCs. The AESN treatment showed dose dependent root and shoot growth retardation and reduced number of branch root sprouting in green-gram seedlings. Half maximal growth inhibitory concentration (IC_{50}) of AESN was 0.4 mg/ml at 48 h in onion. The mitotic index percentage significantly reduced (44.9 and 62.7% respectively for 0.5 and 2 mg/ml AESN cells at 48 h), interphase and prophase-metaphase cumulative frequency increased and anaphase-telophase frequency decreased in AESN treated onion root tip cells indicating an overall antiproliferative activity. In WRBMCs, AESN treatment could induce significant (p<0.001) mitodepression (80.6% decreased metaphase frequency with 500 mg/kg body weight for 15 h). These mitostatic activities of AESN may be due to the actions of allelochemicals. It may be said that the AESN contains antiproliferative active principle(s) that could induce significant delay in cell cycle kinetics in apical meristems and WRBMCs.

Key Words: Allium cepa, Mitodepression, Mitotic index, Phenolic compounds, Phytochemicals.

I. INTRODUCTION

Cancer is an important global health crisis and the antiproliferative pharmacological activities of plant derived secondary metabolites appear to elucidate the chemo-preventive or anticancer effects^[1]. Some of the effective anticancer and anti-neoplastic agents target on the cell cycle progression machinery^[2]. Paclitaxel (Taxol[®]) is an important plant derived drug used in the treatment of cancer. Paclitaxel arrests the cell cycle in G_2/M phase transition^[3]. Many plant derived active principles act as antitumor and apoptotic inducer in cancer cells^[4]. The discovery of effective anticancer agents like vinblastin and vincristine isolated from *Catharanthus roseous* and Paclitaxel (Taxol[®]) from *Taxus brevifolia* provide convincing evidence that plants are a source of novel anticancer chemotherapeutic agents^[5]. Therefore, renewed interest exists to explore the efficient antiproliferative agents from the natural products of plant origin.

Synedrella nodiflora (L.) Gaertn. (Family: Asteraceae) is a small annual flowering weed. It is a native plant of tropical America and also found in India, Bangladesh, Malaysia, Japan, China and other Indopacific countries. In India, the leaves of *S. nodiflora* are traditionally used for the treatment of rheumatism. In Malaysia, it is used as an external medicine to cure inflammation, headache and earache. In Ghana, hot aqueous extract of this plant is given orally for treating epilepsy. The leaves are also used to treat hiccup and stomachache and in threatened abortion cases^[6-9]. The phytochemical profile indicates the presence of alkaloids, flavonoids, triterpenes, saponins, simple phenolics and polyoses in the various solvent extracts of *S. nodiflora*^[9]. Recently the toxicological^{[10],[11]}, insecticidal^[7], larvicidal^[12], antibacterial, antioxidant^[13], antidiarrhoeal, hypoglycaemic^[14] and anti-inflammatory properties^[15] of this plant has been reported. However, antiproliferative potential of AESN (aerial parts aqueous extracts of *S. nodiflora*) is not yet known. Therefore in the present study, antiproliferative activity of AESN was analysed using both plant and animal systems. Moreover, the secondary metabolites present in AESN were qualitatively detected and the total phenol and tannin contents were measured.

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II. MATERIALS AND METHODS

2.1. Chemicals

Colchicine, methanol, glacial acetic acid and orcein were obtained from BDH chemicals Ltd., Poole Dorset, UK. Folin-Ciocalteu's phenol reagent was obtained from MERCK Specialities Pvt. Ltd., Mumbai, India. Polyvinylpyrrolidone (K-30) was purchased from SRL Pvt. Ltd., Mumbai, India. Tannic acid powder obtained from HIMEDIA Laboratories Pvt. Ltd., Mumbai, India. Other chemicals used in the study were of analytical grade from reputed manufacturers.

2.2. Plant products collection, storage and extract preparation

Fresh aerial parts of *S. nodiflora* were collected from The Burdwan University Golapbag campus, West Bengal, India in November, 2011. This plant species was taxonomically identified by Dr. Ambarish Mukherjee (Taxonomist), Professor, Department of Botany, The University of Burdwan. The voucher specimen (No.BUGBSC013) is maintained in the department for future reference.

Collected aerial parts of *S. nodiflora* were washed in tap water, shade dried, directly crushed into small pieces and followed to pulverize using electric grinder (Philips Mixer Grinder HL1605, Kolkata, West Bengal, India). Ground aerial part powder was then stored in an air tight container for future use. Dried,powdered, plant material (50 g) was extracted in 500 ml of boiling distilled water in water bath for 30 min. At the end it was filtered through Whatman filter paper No. 1 (Sigma-Aldrich, Inc., St. Louis, MO, USA). The extract was stored at -20°C for further use. For determination of extract concentration (11.3 mg/ml) and extract value (17.64% w/w), 10 ml of extract was evaporated to complete dryness in the hot air oven at 60 °C.

2.3. Experimental plants

Green-gram (*Vigna radiata*) seedlings and onion (*Allium cepa*) root apical meristems were used for morphometric bioassay for antiproliferative and phytotoxic activities. The mitotic index and mitotic cells phase frequencies were scored in onion root apical meristem cells.

2.4. Experimental animals

Male Wistar-albino rats, aged 4-6 weeks and weighing 40–60 g, were collected from local suppliers and maintained in the Departmental animal house in community cages at room temperature, with controlled lighting (12 h light:12 h dark). Standard rat diet and water *ad libitum* were used in all experiments. The rules of the "Institutional Animal Care and Use Committee" were strictly followed during the whole experiment and steps were taken to protect the welfare of the experimental animals. The influence of AESN on the cell cycle kinetics was analyzed in WRBMCs arresting cells at metaphase with colchicine.

2.5. Root and shoot growth retardation and branch root sprouting inhibition in green gram seedlings

2.5.1 Culture and treatment of green-gram seedlings

Green-gram seeds were surface sterilized with 1% sodium hypochlorite solution, and allowed to germinate in the dark on wet filter paper in glass Petri dishes containing five different concentrations, 0, 0.5, 1, 2, 4 and 6 mg/ml, of AESN and both the root and shoot length of seedlings were measured on the 5th day and at the same time the branch root numbers were counted. Three replicas of each with 10 seeds were prepared for each treatment. Petri dishes containing distilled water were considered as control.

2.6. Root growth retardation in onion

2.6.1. Culture and treatment of onion roots

Similar sized onion bulbs were purchased from local market, old root and dry skin removed, washed thoroughly in tap water and allowed for root sprouting in test tube containing distilled water in dark culture room where temperature maintained at 25 °C. For dose dependent root growth inhibition pattern analysis, 24 h aged onion roots (0.6-0.8 cm initial length) were exposed with 5 different concentrations, 0, 0.5, 1, 2, 4 and 6 mg/ml, of AESN for 24 and 48 h and at the end of treatment root lengths were measured and the growth retardation percentages were calculated.

2.7. Mitotic index reduction and alteration in mitotic cell phase frequency

2.7.1. Treatment and preparation of mitotic phases from onion root meristem cells

For antiproliferative assay, the 48 h aged onion root meristem cells were exposed with 2 different doses (0.5 and 2 mg/ml) of AESN for 4, 6, 8, 24 and 48 h. The control group, which had not received treatment, was maintained in distilled water. For evaluation of the antiproliferative effects of AESN, the procedure as described by Greice *et. al.*^[16] was followed with slight modifications. The cells were fixed in aceto-methanol (3 parts methanol : 1 part glacial acetic acid) for 24 h and hydrolyzed for 10 min in 1N HCl at 60 °C, stained with 2% aceto-orcein and squashed in 45% acetic acid for each treatment^[17]. Slides were randomly coded and for each set of experiment at least five slides were studied, with 40X objective lens, under bright field light microscope,

Leica DM LB2 (Leica Microsystems Wetzlar GmbH, Wetzlar, Germany) with digital camera and computer attachment for photomicrography, and a minimum of 1000 cells were scored from each set.

2.8. Cell cycle delay in Wistar rat bone marrow cells

2.8.1. Treatment and preparation of metaphases

The AESN was injected into intraperitoneal cavity of albino rats. An equal volume of double distilled water was injected to the control rats group. At each data point, six rats and three different doses (100, 300 and 500 mg/kg body weight) were used. Cells were fixed at 15 h after AESN treatment and each preceded by 3 h colchicine (10 mg/kg body weight) treatment. The untreated and AESN treated animals were sacrificed by cervical dislocation. The femur bones were dissected out and the bone marrow cells were obtained in glass centrifuge tube by injecting 2.5 ml of 0.56% KCl (hypotonic solution, pre-warmed at 37°C). Cells were given hypotonic treatment for 30 min at 37°C in water bath and were fixed in acetic acid and methanol (1:3). Slides were prepared by flame-drying method, stained in 2% Giemsa for 35 min and mounted in synthetic medium.

2.9. Phytochemicals detection

The AESN was tested to identify alkaloids, flavonoids, anthraquinones, terpenoids, steroids, tannins, phlobatannins, saponins, glycosides and carbohydrates following standard procedures as described by Trease and Evans^[18], Sofowara^[19] and Harborne^[20] with slight modifications, briefly as follows.

2.9.1. Tests for alkaloids

Aqueous extract was acidified with few drops of glacial acetic acid and tested for the presence of alkaloids. A few drops of Mayer's reagent (1.36 g of HgCl₂ and 5 g of KI in 100 ml distilled water) was added to 1 ml of acidified extract, formation of white or pale yellow precipitate indicates the presence of alkaloids (Mayer's test). A few drops of Wagner's reagent (Solution of iodine in potassium iodide), was added to 1 ml of acidified extract and appearance of a reddish brown precipitate, indicate the presence of alkaloids (Wagner's test). Acidified extracts gave yellow colour precipitate with Hager's reagent, saturated solution of Picric acid, (Hager's test) and with 10% tannic acid solution gave buff colour precipitate (Tannic acid test) indicating alkaloids are present.

2.9.2. Tests for flavonoids

In 1 ml of extract 10-20 drops of diluted HCl was added, followed by a small piece of zinc. Creation of pink or reddish pink colour precipitate indicates the presence of flavonoids (Zinc hydrochloride test). In 1 ml of extract a few magnesium turnings were added and then drop by drop concentrated HCl was added. Creation of pink scarlet or green to blue colour after a few minutes indicates the presence of flavonoids (Shinoda test). In 1 ml of extract few drops of sodium hydroxide solution was added, an intense yellow colour formed which turned to colourless after addition of few drops of diluted HCl, indicates the presence of flavonoids (Alkaline reagent test). Methanol (50 %) solution of volume 1.5 ml was mixed with 4 ml of extract and then the mixture was warmed, few metal magnesium turnings were added and 5-6 drops of concentrated hydrochloric acid was added. The appearance of red colour indicates the presence of flavonoids^[21].

2.9.3. Test for anthraquinones

Benzene (2 ml) was mixed properly with 2 ml of aqueous extract, filtered and 3.5 ml of 10% ammonia solution was added to the filtrate. The mixture was shaken and the absence of pink, red or violet colour in the lower phase indicates the absence of free anthraquinone (Borntrager's test).

2.9.4. T ests for terpenoids and steroids

To test terpenoids and steroids the procedures as described by Kantamreddi *et. al.*^[22] was followed with slight modifications. In brief, glacial acetic acid, 1 ml, was mixed with 1 ml of aqueous extract and then 1 ml of concentrated sulphuric acid was added through the wall of the test tube kept in ice flakes. Formations of brown and green colour indicate the presence of terpenoids and steroids respectively.

2.9.5. Tests for tannins

Few drops of FeCl_3 were added to 2 ml of aqueous extract and the formation of bluish black colour indicates the presence of tannins (Ferric chloride test). Few drops of bromine solution were added to 1 ml of test extract, decolourization of the bromine water indicates the presence of tannins (Bromine water test). Few drops NaOH solution was added to 1 ml of extract and the appearance of yellow to red precipitate within a short time indicate the presence of tannins (Alkaline reagent test).

2.9.6. Test for phlobatannins

To test phlobatanin the procedure as described by Edeoga *et. al.*^[23] was followed with slight modification. In brief, the aqueous extract was boiled with 1 N HCl and the appearance of red precipitate indicates presence of phlobatannins.

2.9.7. Test for saponins

Few drops of NaHCO₃ was added to 5 ml of aqueous extract and shaken vigorously and left for three minutes. Formation of honeycomb like stable froth indicates the presence of saponins (Foam test).

2.9.8. Tests for glycosides

Aqueous NaOH solution (1 ml) was added to 1 ml of extract and the absence of pale yellow precipitate indicates the absence of glycosides. Extract (2 ml) was hydrolyzed with HCl solution and neutralized with NaOH solution and then a few drops of Fehling's A and B were added. The absence of red precipitate indicates the absence of glycosides (Fehling's test). Test solution when treated with bromine water gives yellow precipitate (Bromine water test).

2.9.9. Test for carbohydrates

Benedict's solution (5 ml) was added to 0.5 ml of extract and boiled for 5 min. Absence of coloured precipitate indicates the absence of carbohydrates (Benedict's test). To test presence of reducing sugars, few drops of sample was added to equal volume of Fehling's A (Copper sulfate in distilled water) and Fehling's B (Potassium tartarate and Sodium hydroxide in distilled water) reagents and were mixed, boiled, and at the end the absence of brick red precipitate of cuprous oxide , indicate reducing sugars were absent (Fehling's test).

2.10. Estimation of total phenol and tannin contents in AESN

Total phenol and tannin contents in AESN were estimated according to the procedure of Makkar *et.* $al.^{[24]}$, with slight modification. Briefly, 10 µl of AESN extract was taken in a test tube and volume was made to 1 ml with distilled water. Then, 0.5 ml Folin-Ciocalteu's phenol reagent (1 N) was added and mixed thoroughly. Then 2.5 ml 20% Sodium carbonate solution (25 gram of Na₂CO₃,10 H₂O was dissolved in distilled water and made the volume to 125 ml with distilled water) was added and mixed properly and then it was kept for 40 minutes at room temperature (25±2 °C). Optical density was recorded at 725 nm in UV-Vis spectrophotometer (UV-1800 Series, Shimadzu, Japan) and concentration was determined from the standard curve. The standard tannic acid solution was prepared for standard curve from the freshly prepared solution, 0.5 mg/ml, of tannic acid (5 mg tannic acid powder was dissolved in 10 ml of distilled water). Total phenol was estimated as tannic acid equivalent and expressed on dried matter basis.

Non-tanning phenol was estimated by precipitating tanning with polyvinyl polypyrrolidone (PVPP). PVPP (200 mg) was taken in test tube and then 2 ml distilled water and 2 ml AESN were added, vortexed and kept in refrigerator at 4 °C for 15 minutes. Then the mixture was again vortexed and filtered through Whatman filter paper No. 1. Filtrate was taken for estimation of non tannin phenol. Filtrate (10 μ l) was taken in test tube and volume was made to 1.0 ml with distilled water and then processed like that of total phenol estimation. Concentration of non tannin phenol was calculated from the standard curve and expressed on dry matter basis. Total tannin content was calculated by subtracting non tannin phenol from total phenol.

2.11. Scoring and statistical analysis.

Green-gram seedling's root and shoot growth and onion root growth were recorded and the growth retardation percentages were calculated. The statistically significant difference between the control and treated groups for root/shoot length were analyzed using Student's t-test. Using Probit analysis^[25], IC₅₀ was determined for green-gram root growth retardation with statistical software, SPSS version14.0 (SPSS Inc. Chicago, Illinois, USA). In onion root tip cells, the slides were randomly coded and for each set of experiment at least five slides were studied under bright field light microscope with 40x objective lens and a minimum of 1000 cells were scored. The mitotic index and cell phase frequencies were calculated. Cell division phases were scored on the basis of the nucleus and chromosomal characteristics. The cell cycle kinetics was determined by scoring mitotic index (MI), prophase-metaphase and anaphase-telophase cumulative index. MI was calculated as No. of cells in dividing phase / Total No. of cells counted X 100. Like Mitotic index, prophase-metaphase and anaphase-telophase cumulative indexs were calculated as No. of cells in that particular dividing phases / Total No. of dividing cells X 100. In WRBMCs, the slides were randomly coded and the patterns of cell cycle kinetics were determined by scoring of the metaphase frequency (MF), MF%= Number of metaphases/Total number of cells scored X 100. The statistical significance of the difference between the control and treated groups for MI and

cell phase frequency were analyzed using a 2X2 contingency χ 2-test. Mean and standard error of mean (SEM) were calculated using Origin 50.

III. RESULTS

3.1. Morphometric bioassay for phytotoxicity and antiproliferation

3.1.1. Root and shoot growth retardation and reduced branch root sprouting in green-gram seedlings

Data clearly indicate that the AESN could induce dose dependent growth retardation of green-gram root and shoot. In the present study, the maximum root length $(4.13\pm0.23 \text{ cm})$ was recorded from untreated groups while minimum root length $(0.95\pm0.15 \text{ cm})$ was recorded from our highest concentration (6 mg/ml) of AESN. The root growth inhibition was calculated as 2, 19, 22, 47 and 77 % for the AESN concentrations respectively of 0.5, 1, 2, 4 and 6 mg/ml at 120 h. Like root growth inhibition, branch root sprouting reduced (100% reduction at a concentration 6 mg/ml) and shoot growth was also inhibited (67% at a concentration 6 mg/ml) in dose dependent manner. IC₅₀ values were calculated as 4.47, 3.55 and 2.82 mg/ml for root growth, shoot growth and branch root sprouting respectively (Table 1, Fig. 1). These results were analysed by comparing with untreated controls.

3.1.2. Onion root growth retardation assay

The AESN could induce dose dependent growth retardation of onion roots. The root growth inhibition was calculated as 65, 83, 87, 91 and 96% for the AESN concentrations of 0.5, 1, 2, 4 and 6 mg/ml respectively on the 2^{nd} day of treatment. IC₅₀ for onion root growth was calculated as 0.4 mg/ml at the end of 48 h AESN treatment. In the present study, the maximum root length (3.26±0.11 cm) was recorded from the untreated groups of onion while minimum length (0.71±0.06 cm) was recorded from the highest concentration (6 mg/ml) of AESN on the 3^{rd} day (Fig.2, Table S1, Fig.3).

3.2. Mitodepression assay for antiproliferation

3.2.1. Onion root apical meristem cells

Data clearly indicate the tendency of mitodepression in AESN treated onion root meristem cells as compared to untreated controls. Dose dependent mitotic index depression phenomenon was observed in AESN treated samples. The significant (p < 0.01) differences in mitotic index was seen between treated and untreated root apical meristem cells. In the present study the maximum reduction in mitotic index percentage (62.7%) was calculated in AESN treated, 2 mg/ml for 48 h. Prophase-metaphase and anaphase-telophase cumulative index ratios were 58/42, 67/33, 80/20 respectively with concentrations 0, 0.5 and 2 mg/ml of AESN treated for 8 h. More or less similar patterns of dose dependent increased prophase-metaphase and anaphase-telophase index ratios were also observed at 24 and 48 h of AESN treatment (Table 2).

3.2.2. Wistar rat bone marrow cells

Data indicate AESN could induce dose dependent decreased metaphase frequency percentage in WRBMCs. Three hours colchicine (10 mg/kg) treatment could arrest cells at metaphase (4.32 ± 0.72) and this metaphase frequency significantly (p<0.001) reduced in all the AESN treated groups of rats. The metaphase frequency reduced 50.7, 73.2 and 80.6 % in the AESN treated groups for 100, 300 and 500 mg/kg body weight, respectively as compared to untreated controls (Table 3).

Dose	Roc	ot length (cm)	Shoo	ot length (cm)	Branch root #/Seedling		
(mg/ml)	Range	Mean ±SEM	Range	Mean ±SEM	Range	Mean ±SEM	
		(Reduction %)		(Reduction %)		(Reduction %)	
0.0	3.0-5.2	4.13±0.23 (00)	7.0-8.8	7.81±0.18 (00)	4-8	5.6±0.34 (00)	
0.5	2.5-4.9	4.06±0.24 (02)	5.8-8.9	7.71±0.35 (01)	3-7	5.2±0.40 (07)	
1.0	2.3-4.8	3.34±0.26 ^b (19)	4.3-8.0	6.18±0.38 ^a (21)	1-7	4.0±0.56 ^b (29)	
2.0	2.0-4.4	3.22±0.29 ^b (22)	3.6-7.3	5.70±0.32 ^a (27)	1-6	3.8±0.47 ^b (32)	
4.0	1.1-3.4	2.21±0.24 ^a (47)	2.0-5.0	3.56±0.28 ^a (54)	0-4	1.6±0.48 ^a (71)	
6.0	0.3-1.7	0.95±0.15 ^a (77)	1.3-3.5	2.59±0.23 ^a (67)	0-0	0.0±0.00 ^a (100)	
IC ₅₀		4.47 mg/ml		3.55 mg/ml		2.82 mg/ml	
^a Significant at $p < 0.001$, ^b at $p < 0.05$ with Student's t- test. #; number, SEM; Standard error of mean.							

Table 1. Effect of AESN on root and shoot growth and branch root sprouting of *Vigna radiata* at 120 h treatment.



Figure 1. Photograph showing influence of AESN on root and shoot growth and branch root sprouting at 48 h of treatment where a, b, c, d, e and f denote AESN concentrations of 0, 0.5, 1, 2, 4 and 6 mg/ml respectively.



Figure 2. Dose dependent growth retardation effects of AESN on onion roots. Each data point is the mean root length of 35-40 roots.



Figure 3. Photomicrograph showing AESN induced root apical meristem growth retardation and swelling patterns at 48 h of treatment where a, b, c, d, e and f denote AESN concentrations of 0, 0.5, 1, 2, 4 and 6 mg/ml respectively.

3.3. Preliminary phytochemical detections

Preliminary phytochemical analysis revealed that AESN possess alkaloids, flavonoids, terpenoids, tannins, phlobatannins and saponins while anthraquinones, steroids, glycosides and carbohydrates were absent (Table 4).

3.4. Estimation of total phenol and tannin contents in AESN

Total phenol and tannin contents were found to be 1.16 ± 0.1 and 0.49 ± 0.1 g % tannic acid equivalent in dried powdered plant material respectively.

Н	Conc.	TC	IN	∑DC	MI±SEM (Reduction %)	Cells per	centage
	mg/ml					P+M	A+T
4	0.0	1878	1779	099	5.27±0.42	67±4.6	33±4.6
	0.5	1681	1627	054	3.21 ± 0.24^{b} (39)	85±2.8	15 ± 2.8
	2.0	1924	1867	057	2.96 ± 0.16^{a} (44)	86±1.6	14±1.6
6	0.0	3147	3030	117	3.72 ± 0.26	64±2.5	36±2.5
	0.5	2608	2553	55	2.11 ± 0.12^{a} (43)	75 ± 4.8	25 ± 4.8
	2.0	2243	2218	25	1.12±0.34 ^a (70)	84 ± 0.4	16±0.4
8	0.0	2942	2845	097	3.30±0.35	58±3.4	42 ± 3.4
	0.5	3620	3541	079	2.18 ± 0.12^{b} (34)	67±1.7	33±1.7
	2.0	4030	3964	066	1.64 ± 0.04^{a} (50)	80±3.7	20±3.7
24	0.0	4153	3966	187	4.50±0.16	56±1.2	44±1.2
	0.5	4860	4719	141	2.90±0.35 ^a (36)	75±0.7	25±0.7
	2.0	5230	5102	128	2.45±0.22 ^a (46)	66±0.1	34±0.1
48	0.0	4342	4171	171	3.94±0.20	54±2.4	46±2.4
	0.5	5672	5549	123	2.17±0.19 ^a (45)	72 ± 3.2	28±3.2
	2.0	6622	6525	097	1.47 ± 0.10^{a} (63)	75±1.6	25±1.6

Table 2. Mitotic index percentage, prophase-metaphase and anaphase-telophase cumulative frequency alteration in root apical meristem cells after treatment with the AESN

^aSignificant at p < 0.001 and ^b at p < 0.01 2x2 contingency χ^2 analysis compared to respective control. H, treatment hours; IN, inter phase cells; Con, control; P, prophase; M, metaphase; A, anaphase; T, telophase; ΣDC , total number of dividing cells; TC, total number of cells counted; MI, Mitotic index ($\Sigma DC/TCx100$).

Table 3. Pooled data showing the influence of AESN on colchicine induced metaphase arrest frequency in Wistar rat bone marrow cells.

AESN (mg/kg)	Hours	TM/TC	MF%	
		(No. of rats)	Range	Mean \pm SEM
				(% reduction)
0.00	15	826/19665 (6)	2.83-6.77	4.32±0.72
100		750/35583 (6)	1.23-2.76	2.13±0.19 ^a (50.7)
300		365/32129 (6)	0.99-1.40	1.16±0.07 ^a (73.2)
500		311/37288 (6)	0.69-0.95	0.84±0.03 ^a (80.6)

^aSignificant at p < 0.001 2x2 contingency χ^2 -test with respective control. TM; Total No. of Metaphase, TC; Total No. of cells scored, MF; Metaphase frequency.

Table 4. Different phytochemicals detected in AESN with the various conventional procedures

Serial	Phytochemicals	Tests performed	Results
No.			
1.	Alkaloids	Mayer's test	+
		Wargner's test	+
		Hager's test	+
		Tannic acid test	+
2.	Flavonoids	Zinc hydrochloride test	-
		Shinoda test	+
		Alkaline solution test	+
		Siddique and Ali test	+
3	Anthraquinones	Borntrager's test	-
4	Terpenoids	Kantamreddi et. al. 2010	+
5.	Steroids	Kantamreddi et. al. 2010	-
6.	Tannins	FeCl ₃ test	+
		Bromine water test	+
		Alkaline reagent test	+
7	Phlobatannins	HCl test	+
8	Saponins	Froth test	+
9	Glycosides	Bromine water test	-
		Fehling's test	-
		Alkaline reagent test	-
10	Carbohydrates	Benedict's test	-
		Fehling's test	-
+;pr	resent, -;absent		

IV. DISCUSSION

Synedrella nodiflora (L.) Gaertn. is a less known medicinal plant with several folk medicinal uses in different countries^{[8],[9]}. The work presented herein focused on the antiproliferative activity of the AESN in onion root apical meristem and Wistar rat bone marrow cells. Moreover, the phytotoxic and antiproliferative effects of AESN were analysed by measuring the root (green gram and onion) and shoot growth retardation and the branch root sprouting inhibition in green gram seedlings.

In the initial experiments a wide range (0.5 to 6 mg/ml) of AESN concentration was applied to determine IC₅₀ and then 0.5 and 2 mg/ml of AESN was selected for mitodepression analysis in onion root apical meristem cells. In the present study, AESN (0.5 to 6 mg/ml) treatment could induce dose dependent reduction in root and shoot length of green-gram seedlings. In green gram seedlings, the root growth retardation increased from 2 to 77% for the increased concentration from 0.5 to 6 mg/ml (p<0.001). Our previous study showed colchicine, a metaphase arresting agent, also induced growth retardation in green-gram seedlings in a dose dependent manner^[26]. The present results indicate both root and shoot apical meristem cells are sensitive to AESN and also 100% branch root sprouting inhibited with 6 mg/ml AESN treatment for 120 h. In green gram seedlings, the lowest IC₅₀ value, 2.82 mg/ml was recorded for branch root sprouting. This branch root sprouting inhibitory activity, which further support the notion of its antiproliferative potentials. Fig.3 clearly indicates onion root growth retardation and swelling phenomenon at the apical meristem region. These results are in agreement with the previous study reports indicating the root growth retardation is a result of the suppression of cell division^[27]. A number of earlier studies have suggested that the level of root growth inhibition increases with the increasing extract concentrations^{[26],[28]}.

For the antiproliferative activity analysis in onion root apical meristem cells, mitotic index depression and the alterations in the prophase-metaphase, and anaphase-telophase cumulative frequencies were scored. Mitotic index depression bioassays for antiproliferation revealed that AESN treatment could reduce the mitotic index significantly (p < 0.001) and reduced the cumulative frequencies of anaphase-telophase in treated onion root meristem cells as compared to the respective untreated controls (Table 2). This depression of mitotic index indicates distinct antiproliferative activity of AESN and this may be due to the interactions of the phytochemical ingredients with the cellular mitotic apparatus that lead to induced increased delay in interphase and that may be resulted in increased interphase cell frequency, interphase to mitotic phase transition block and decreased MI%. Moreover, delayed cell cycle kinetics in the AESN treated onion root apical meristem mitotic cells may be explained by the increased cumulative frequency of prophase-metaphase and decreased cumulative frequency of anaphase-telophase. To the best of our knowledge, this is the first report showing the antiproliferative potentials of AESN. There are similar types of previous reports exist on mitotic index depression^[29-31]. Ateeq et. al.^[32] reported a comparable observation with commercial herbicides like butachlor and pentachlorophenol, 2,4-D. Such a reduction in mitotic index suggests that exposure to AESN led to the cell cycle disturbances and decrease in cell number entering mitotic division. In the present and our previous study, onion root apical meristem cells were found to be excellent cell system for cell cycle kinetics analysis^[26]. Levan first introduced *A. cepa* root tip assay and later it was used as a standard method to study genotoxicity^[33-38]. Like dose dependent root and shoot growth retardation and reduction in branch root sprouting phenomenon in green gram seedlings and mitodepression in onion root apical meristem cells, the AESN has also influenced the cell cycle kinetics of WRBMCs. In vivo study with WRBMCs indicated the colchicine induced metaphase frequency reduction with the increasing doses of AESN treatment; indicating dose dependent induced delay in cell cycle kinetics. All the AESN treatment doses (100, 300 and 500 mg/kg body weight) could induce cell cycle delay in interphase which may be the reason of reduced number of cells at mitotic phases, hence, less number of cells were available to be arrested at the metaphase with the colchicine actions. In an another study, similar antiproliferative effects of leaf aqueous extracts from a traditionally used medicinal plant (Clerodendrum viscosum), revealed antiproliferative, metaphase arresting and apoptosis inducing activities in both the plant and animal cell systems^{[26],[39]}. Aqueous extract from the leaves of *Toona sinensis* has been shown to have an antiproliferative effect on human lung cancer cells^{[40],[41]}. Some of the efficient anticancer and anti-neoplastic agents exert their effect through the cell cycle progression machinery^[42].

In the present investigation, the AESN was screened for 10 different types of phytochemicals and of these six were found to be present (Table 4). Study showed presence of alkaloids, flavonoids, terpenoids, tannins, phlobatannins and saponins while anthraquinones, steroids, glycosides and carbohydrates were found to be absent. Presence of triterpenes, alkaloids, flavonoids, phenols and saponins were in agreement with the earlier report^[7]. The aqueous extract value was determined and which found to be quite high (17.64%), indicating abundant water soluble components. Earlier, *S nodiflora* extracted in petroleum ether, chloroform, acetone, methanol and water and then the extracts were subjected to TLC finger printing for characterization and

it was shown that maximum contents were water soluble^[9]. The present study indicates that the AESN contains bio-active allelochemicals which may interact with the mitotic apparatus. The secondary metabolites acting as allelochemicals include alkaloids, phenols and terpenoids. Phenols are the most abundant substances that affect seedlings growth and cell division^[43]. The present study also demonstrates high quantity of phenolic components in AESN and that may be involved in antiproliferative activity. Our findings further support that the antiproliferative tests with the onion root apical meristem cells are correlated with in vivo test using WRBMCs antiprofiferative tests with the offion root apical mension cens are concluded with in two test using interaction and that was also earlier validated by using other animal cells^{[44],[45]}. The medicinal properties of plants have been claimed to lie in their phytochemical ingredients which can produce a specific action on the human physiology^[46-51]. The efficient anticancer and anti-neoplastic agents exert their effect through the cell cycle progression machinery^[42]. Others and our present study indicate the presence of bioactive compounds like alkaloid, flavonoids, terpenoids, tannins, phlobatannins and saponins in AESN^[52]. Therefore, the present results indicate that AESN contains bio-active compound(s) that interact with the cell cycle components and the antiproliferative activity of AESN appears to explain the chemo-preventive or anticancer effects of its bioactive components like tannins, terpenoids and saponins. Thus, the novel findings of the present study are the exploration of chemopreventive pharmacological activities like antiproliferative and phytotoxic potentials of AESN.

V. CONCLUSION

From the above results, it may be concluded that, the AESN contains bioactive components which possess significant antiproliferative potential. Further investigations are in progress to isolate the active principle(s) and to determine their influence on the cell division regulatory gene expression.

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((Data	for	figure	2.)

Table S1. Effects of AESN on onion root growth.							
Dose	No. of roots	RLBT	RLAT	RLAT	Growth inhibition% at		
(mg/ml)		(24 h aged)	(24 h)	(48 h)	48 h		
0.0	40	0.72±0.03	2.42±0.13	3.26±0.11	00.0		
0.5	39	0.73±0.07	1.27 ± 0.12^{c}	1.61±0.15 ^c	65.4		
1.0	35	0.81±0.07	1.06±0.13 °	1.25±0.14 ^c	82.7		
2.0	37	0.56 ± 0.06	0.75±0.06°	0.90±0.06 °	86.7		
4.0	36	0.62 ± 0.07	0.76±0.09 °	0.86±0.13 °	90.6		
6.0	36	0.61±0.06	0.65±0.06 °	0.71±0.06 °	96.1		

^cSignificant at *p*<0.001 Student's t-test analysis compared to untreated control. RLBT; root length before treatment, RLAT; root length after treatment