

Formulation and Stabilization of Duloxetine Hydrochloride Delayed Release Pellets with the Aid Non Ionic Barrier Layer

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ABSTRACT: The main objective of the present study is to formulate a stable Duloxetine HCl delayed release pellets with the aid of non ionic protective layer between drug layer and enteric layer. Duloxetine HCl is highly unstable at acidic environment. The preformulation study reveals, Duloxetine HCl is incompatible with enteric polymers, due to the presence of free acid in the enteric polymer. Duloxetine HCl is also unstable at alkaline pH. Hence, a nonionic polymer is selected in barrier coating. Duloxetine hydrochloride enteric coated pellets were formulated using fluidized bed process with different levels of barrier coating. Three separate layers, the drug layer, the barrier layer and the enteric layer, were coated on to the inert core pellets, sugar spheres. The enteric coated pellets were top coated using film coating material and encapsulated in hard gelatin capsule shell. The probability of interaction of enteric polymer with duloxetine is very high during shelf life. The filled capsules were evaluated for description, Assay, Acid resistance and Drug release in pH 6.8 Phosphate buffer at initial and 6 months accelerated condition ($40 \pm 2^\circ\text{C}/75 \pm 5\%RH$), to conclude the % build up of barrier coating required to avoid the interaction between duloxetine hydrochloride and enteric polymer. The formulation with 10% & 15% barrier coating are failed to control the interaction between duloxetine hydrochloride and enteric polymer. The formulation with 20% barrier coating was found to be stable, and the interaction between duloxetine hydrochloride and enteric polymer was controlled.

KEYWORDS: Dissolution, Duloxetine Hydrochloride, Enteric coated pellets, Acid resistance.

I. INTRODUCTION

Duloxetine hydrochloride { (+)-(S)-N-methyl-3-(1-naphthoxy)-3-(thio-phen-2-yl)-propan-1-amine hydrochloride } is categorized as an antidepressant, belongs to the class of Serotonin and Nor-adrenaline reuptake inhibitor^{3,4}. Preclinical studies have shown that Duloxetine HCl is a potent inhibitor of neuronal serotonin and norepinephrine reuptake and a less potent inhibitor of dopamine reuptake and so used to treat Major Depressive Disorders⁵. Duloxetine undergoes many degradation reactions and the most common degradation is by hydrolysis. α -naphthol duloxetine (4-(3-methylamino-1-thiophen-2-yl-propyl)-naphthalene-1-ol hydrochloride), 4-naphthol duloxetine (name 4-(3-methylamino-1-thiophen-2-yl-propyl)-naphthalene-1-ol hydrochloride) and 3-Acetyl duloxetine ((+)-N-methyl-3-(1-naphthalenyloxy)-3-mine hydrochloride) impurities are the degradants formed by hydrolysis¹. Duloxetine is acid liable, acid hydrolysis of the ether linkage produces a thienyl-alcohol and 1-naphthol. 50% of the duloxetine was hydrolysed to naphthol in 1 hour at pH 1.2, which is achieved under fasting conditions. At pH 2.0 there is approximately 10% degradation in 1 hour, and at pH 4.0, 10% degrades in 63 hours. 1-naphthol is extremely toxic and produces cramping, abdominal pain, nausea and vomiting². Pellets have gained importance over the years due to their distinctive advantages in both technological and therapeutic aspects⁶. One of the proven approaches was, formulation of delayed release dosage forms (single unit or multiple units) by using different enteric polymers in a Fluidized bed processor (FBP) by solution/suspension layering. Multiple unit particulate system show better *in vitro* release behavior than other dosage forms⁷. So, in the present study, Duloxetine hydrochloride delayed release capsules containing pellets were prepared by suspension layering technique, using fluid bed processor and studied.

II. MATERIALS AND METHODS

MATERIALS:

The following chemicals were obtained from commercial suppliers and used as received: Duloxetine Hydrochloride (Orchid chemicals and pharmaceuticals, Chennai), Sugar spheres 710-850 μ (Werner, USA), HPMC 5cps (Dow chemicals, USA), Opadry white Y-1-7000 (colorcon, India) Hypromellose phthalate

HPMCP HP-50 and HP- 55s (Shin Etsu, Japan), Hypromellose acetate succinate-HPMCAS-MF (Shin-Etsu,japan), Polymethacrylic acid copolymer Eudragit L100-55 (Evonic Degussa), Cellulose acetate phthalate (Dow chemicals, USA), Polyvinyl acetate phthalate (Colorcon, USA), Talc (Luzenac, Italy), Triacetin (Speziol-GTA) (Cognis corpn, USA), Isopropyl alcohol and methylene chloride was procured from RFCL Limited., New Delhi,. All chemicals were reagent grade or higher.

Digital weighing balance (C-220) (make: Saritorious), Remi mechanical propellant stirrer (RA124) (make:Remi), Fluid bed processor (GPCG 1.1) (make : pam glatt), Automatic capsule filling machine (AFT-Lab) (make: Pam machinaries), Tray drier (make : Ganson engg), double beam UV Visible spectrophotometer (make: schimadzu), Dissolution test apparatus (Electrolab),

Methods:

a. Drug-Enteric polymer compatibility study:

Duloxetine HCl is individually mixed with different enteric polymers, sifted through ASTM 40#, loaded in to $40\pm 2^{\circ}\text{C}/75\pm 5\%\text{RH}$ accelerated stability chamber and exposed for four weeks. Samples are withdrawn after 2 weeks and 4 weeks. The physical admixture of the samples exposed are evaluated at Initial, 2 weeks and 4 weeks at exposed condition for Description & Assay

Table-1: Duloxetine HCl and Enteric polymer Compatibility study:

S.No	Drug + Excipient	Ratio
1	Duloxetine HCl (D)	-
2	D + Hypromellose phthalate HP 55s	1 : 0.5
3	D + Hypromellose phthalate HP 50	1 : 0.5
4	D + Hypromellose acetate succinate (HPMCAS-LF)	1 : 0.5
5	D + Polymethacrylic acid copolymer (Euragit L100-55)	1 : 0.5
6	D + Cellulose acetate Phthalate	1 : 0.5
7	D + Polyvinyl acetate phthalate	1 : 0.5

b. Preparation of Pellets ^{8,9}

Formulation of duloxetine delayed release pellets involves 4 stages

- a) Stage – I : Drug layering
- b) Stage - II : Barrier coating
- c) Stage - III : Enteric coating
- d) Stage - IV : Top coating

Stage –I Preparation of Duloxetine HCl drug layered pellets:

- Hypromellose (HPMC E5 LV) was added in purified water under stirring, mixed for 45 minutes to get clear solution.
- Duloxetine Hcl was added to the above solution under stirring, mixed for 30 minutes to get uniform homogeneous dispersion.
- Corn starch and talc were added to the above binder solution, mixed for 30 minutes to get uniform homogeneous dispersion.
- The resulting suspension was filtered through ASTM 60#.
- Sugar spheres (710-850 μ) of 480g was loaded in Fluid bed processor, GPCG 1.1, with bottom spray assembly, drug layering suspension was coated on sugar spheres. The process parameters are tabulated in table 3.
- The solid content of drug layering suspension was 20% w/w.
- Each formula was having the batch size of 4000 units.
- To achieve 100% drug layering, the overage of 5% was used in the formulation.

Stage –II Preparation of Duloxetine HCl barrier coated pellets:

- Barrier coating solution was prepared by dispersing Opadry white Y-1-7000 in purified water, mixed for 45 minutes.
- 10% w/v solution was prepared
- The resulting suspension was filtered using ASTM 60#, and coated on 212g of drug layered pellets using fluid bed processor (GPCG 1.1)

- Barrier coating was performed in different lots, to the weight gain of 10% w/w, 15% w/w, 20% w/w, 25% w/w, 17.5% w/w and 22.5% w/w.
- During the preparation of coating solution the 10% of excess was prepared to recover the loss during practical work. And the coating solution was sprayed over drug layered pellets using Fluid bed coater until weight gain was achieved and % yield was calculated.
- The solid content of barrier coating suspension was 10% w/w
- The lot size for barrier coating was 1000 units.

Stage-III: Preparation of Duloxetine HCl Enteric coated pellets:

- Hypromellose phthalate HP 50 and HP 55s were suspended in isopropyl alcohol under stirring, mixed for 10 minutes to get uniform suspension.
- Methylene chloride was added slowly to the slurry and mixed for 45 minutes, to get clear solution.
- Triacetin was added to the above solution under stirring, mixed for 10 minutes.
- Talc was suspended in purified water separately, added to the above solution and mixed for 30 minutes.
- The resulting suspension was filtered through ASTM 60#, coated on barrier coated pellets using fluid bed processor (GPCG 1.1)
- During the preparation of coating solution the 10% of excess was prepared to recover the loss during practical work. And the coating solution was sprayed over barrier coated pellets using Fluid bed coater until weight gain was achieved and % yield was calculated.
- The solid content of enteric coating suspension was 7% w/w

Stage-IV Preparation of Duloxetine HCl Top coated pellets:

- Top coating solution was prepared by dispersing Opadry white Y-1-7000 and Talc in purified water, mixed for 45 minutes.
- The resulting suspension was filtered using ASTM 60#, and coated on enteric coated pellets using fluid bed processor (GPCG 1.1)
- Barrier coating was performed in different lots, to the weight gain of 5% w/w.
- During the preparation of coating solution the 10% of excess was prepared to recover the loss during practical work. And the coating solution was sprayed over enteric coated pellets using Fluid bed coater until weight gain was achieved and % yield was calculated.
- The solid content of barrier coating suspension was 10% w/w
- The lot size for enteric coating was 1000 units.

Encapsulation:

The top coated pellets were cured for 2 hrs using tray drier, at 50°C .

The cured pellets were filled in to size “1” hard gelatin capsules, and evaluated for assay, dissolution and acid resistance.

Note: Top coated pellets were used for direct exposure study, and filled capsules were loaded on stability as per ICH requirements.

Table-2 Composition of Duloxetine HCl Enteric coated pellets

Duloxetine Drug layering							
S.No	Ingredients	DE-1	DE-2	DE-3	DE-4	DE-5	DE-6
1	Sugar spheres (710-850µ)	120	120	120	120	120	120
2	Duloxetine Hcl	67.3	67.3	67.3	67.3	67.3	67.3
3	Hypromellose (5 cps)	10	10	10	10	10	10
5	Talc USP	5	5	5	5	5	5
6	Corn starch NF	9.7	9.7	9.7	9.7	9.7	9.7
7	Purified water	qs	qs	qs	qs	qs	qs
	Sub total	212	212	212	212	212	212
Barrier coating (% w/w)							
		BE-1 10%	BE-2 15%	BE-3 20%	BE-4 25%	BE-5 17.5%	BE-6 22.5%
1	Opadry white Y-1-7000	21.2	31.8	42.4	53	37.1	47.7
2	Purified water	qs	qs	qs	qs	qs	qs
	Sub total	233.2	243.8	254.4	265	249.1	259.7

Enteric coating							
		EE-1	EE-2	EE-3	EE-4	EE-5	EE-6
1	Hypromellose Phthalate HP-55	13.60	14.22	14.84	15.46	14.53	15.15
2	Hypromellose Phthalate HP-50	25.26	26.41	27.56	28.71	26.99	28.13
3	Triacetin USP	3.89	4.06	4.24	4.42	4.15	4.33
4	Talc USP	3.89	4.06	4.24	4.42	4.15	4.33
5	Isopropyl alcohol	qs	qs	qs	qs	qs	qs
6	Methylene chloride	qs	qs	qs	qs	qs	qs
7	Purified water	qs	qs	qs	qs	qs	qs
	Sub total	279.84	292.56	305.28	318.00	298.92	311.64
Top coating							
		TE-1	TE-2	TE-3	TE-4	TE-5	TE-6
1	Opadry white Y-I-7000	10.49	10.97	11.45	11.93	11.26	11.64
2	Talc USP	3.50	3.66	3.82	3.98	3.75	3.88
3	Purified water	qs	qs	qs	qs	qs	qs
	Sub total	293.83	307.19	320.54	333.90	315.20	325.89
Encapsulation							
		CE-1	CE-2	CE-3	CE-4	CE-5	TE-6
1	Size '1' hard gelatin capsule shell	1	1	1	1	1	1

Table-3 Processing parameters at various steps:

Processing parameters	Drug Coating	Barrier coating	Enteric coating	Top coating
Inlet Temperature (°C)	55-58	52-55	40-43	52-55
Exhaust Temperature (°C)	32-36	31-32	27-28	31-32
Product Temperature (°C)	40-44	41-43	32-33	41-43
Spray rate (g/min)	2.5-7	1.8-2	3-5	1.8-2
Atomization (bar)	1.1-1.5	1.1-1.3	1.1-1.3	1.1-1.3
Air flow (CFM)	52-73	52-70	52-68	52-70
Spray nozzle dia (mm)	1.0	0.8	0.8	0.8

Stability study¹⁰

Stability testing of drug products begins as a part of drug discovery and ends with the emise of the compound or commercial product. FDA and ICH specify the guidelines for stability testing of new drug products, as a technical requirement for the registration of pharmaceuticals for human use. The ICH Guidelines have established different temperatures and period of tability testing. The top coated pellets of formulation TE-1 to TE-6 were filled in size '1' capsules, packed in HDPE bottle, and loaded on stability chamber as per ICH guidelines, as mentioned in table-4.

Table-4: ICH guidelines for Stability Study

Study Storage	Condition	Time
Long term	25°C±2°C / 60% RH±5% RH	12 month
Intermediate	30°C±2°C / 65% RH±5% RH	12 months
Accelerated	40°C±2°C / 75% RH±5% RH	6 months

To evaluate the impact of barrier coating in short period, the product is evaluated at accelerated stability condition.

Evaluation of Duloxetine HCl Enteric coated pellets**Assay^{11,13}:**

Pellets from the capsule were dispersed in to 190 ml of pH 6.8 phosphate buffers by ultra -sonication for 30 minutes followed by 10 minutes stirring using magnetic stirrer. The solution was then filtered and the residues over filter paper were washed with 10 ml phosphate buffer. The solution was then diluted up to suitable concentration and absorbance was measured using double beam UV-VIS Spectrophotometer at 289 nm.

Acid Resistance test¹¹

Principle: Residual Assay

Apparatus: USP Dissolution apparatus type I (basket)

Simulated Gastric fluid: 0.1N HCl (pH 1.2)

Volume of media: 1000 ml

Capsules were placed in the Basket and were rotated at 100 rpm at $37 \pm 0.5^\circ\text{C}$ for 2 (Two) hours. After two hours drug content left in the pellets was assayed. Pellets left in the Basket after two hours were dissolved in 190ml 6.8 pH Phosphate buffer for 30 minute by Ultra sonicator followed by 10 min stirring using magnetic stirrer until pellets disintegrates completely. The solution was filtered and the residues over filter paper were washed with 10 ml phosphate buffer. The solution was then diluted up to suitable concentration and absorbance was measured using double beam UV-VIS Spectro photometer at 289nm. Drug release in 0.1 N HCl was calculated using following equation.

Drug released in Gastric Fluid = Drug content of Capsule – Residual Assay..... (I)

In-vitro drug release study¹²

Capsules were evaluated for *in-vitro* release study in 0.1 N HCl and phosphate buffer 6.8 pH.

The drug dissolution test of Capsule was carried out using USP Dissolution apparatus type I (basket). Capsules were placed into the baskets and 1000 ml of 0.1 N HCl (pH 1.2) solution was filled in to the beaker. The baskets were rotated at 100 rpm. Buffer temperature was maintained at $37 \pm 0.5^\circ\text{C}$ for two hours. Then 0.1 N HCl solution was replaced with 1000 ml of pH 6.8 phosphate buffer and the baskets were rotated at 100 rpm and $37 \pm 0.5^\circ\text{C}$ buffer temperature. Then 10 ml of sample aliquots were collected at 90 minutes. The absorbance of sample was then measured using Double beam UV Visible spectrophotometer at 289 nm.

Results & Discussions:**Drug-Enteric polymer compatibility study:**

The drug –enteric polymer compatibility study is conducted for assay and description, the results are tabulated in Table 5.

	Drug Excipient (ratio)	Initial		2 Week $40 \pm 2^\circ\text{C}/75 \pm 5\% \text{RH}$		4 Week $40/75$ $40 \pm 2^\circ\text{C}/75 \pm 5\% \text{RH}$	
		Description	Assay	Description	Assay	Description	Assay
Duloxetine HCl	-	White to off white powder	99.6	off white powder	99.3	Off white to pale pink powder	98.6
D + Hypromellose phthalate HP 55s	1 + 0.5	Off - white powder	101.1	pale pink colored powder	95.8	pink colored mass	89.2
D + Hypromellose phthalate HP 50	1 + 0.5	Off - white powder	99.9	pale pink colored powder	96.5	pink colored mass	89.3
D + Hypromellose acetate succinate	1 + 0.5	Off - white powder	101.1	pale pink colored powder	96.5	pink colored mass	88.3
D + Polymethacrylic acid (Euragit L100-55)	1 + 0.5	Off - white powder	99.6	pale pink colored powder	98.5	pale pink colored powder	95.6
D + Cellulose acetate Phthalate	1 + 0.5	Off - white powder	100.2	pale pink colored powder	96.5	pale pink colored powder	83.5
D + Polyvinyl acetate phthalate	1 + 0.5	Off - white powder	99.6	pale pink colored powder	94.3	pink colored mass	84.9

The results of compatibility study reveal that the drug is not compatible enteric polymer. Around 10% drop in potency is observed after 4 week direct exposure. Hence, a strong protective layer is required to prevent the interaction between duloxetine HCl and enteric coating material.

Physical Description of pellets filled in capsules:

Table 6: Comparison of physical description of Duloxetine Hcl delayed release capsules 60mg (Initial Vs 6 months $40 \pm 2^\circ\text{C}/75 \pm 5\% \text{RH}$)

Batch Number↓	Physical Description	
	Initial	6 months 40 ± 2°C/75 ± 5% RH
CE1 (10% barrier coated)	White to off white colored pellets filled in size "1" hard gelatin capsules	pink colored pellets filled in size "1" hard gelatin capsules
CE2 (15% barrier coated)	White to off white colored pellets filled in size "1" hard gelatin capsules	Off white –to pale pink colored pellets filled in size "1" hard gelatin capsules
CE3 (20% barrier coated)	White to off white colored pellets filled in size "1" hard gelatin capsules	White to off white colored pellets filled in size "1" hard gelatin capsules
CE4 (25% barrier coated)	White to off white colored pellets filled in size "1" hard gelatin capsules	White to off white colored pellets filled in size "1" hard gelatin capsules
CE5 (17.5% barrier coated)	White to off white colored pellets filled in size "1" hard gelatin capsules	Off white colored pellets filled in size "1" hard gelatin capsules
CE6 (22.5% barrier coated)	White to off white colored pellets filled in size "1" hard gelatin capsules	White to off white colored pellets filled in size "1" hard gelatin capsules

Results indicated that Batches CE3, CE4 & CE6 were not having any change in physical description in 6 months accelerated condition. CE1 & CE2 were failed in physical description at 6 months accelerated condition. From the results it was concluded that minimum 20% w/w barrier coating is required to have stable formulation.

Drug content:

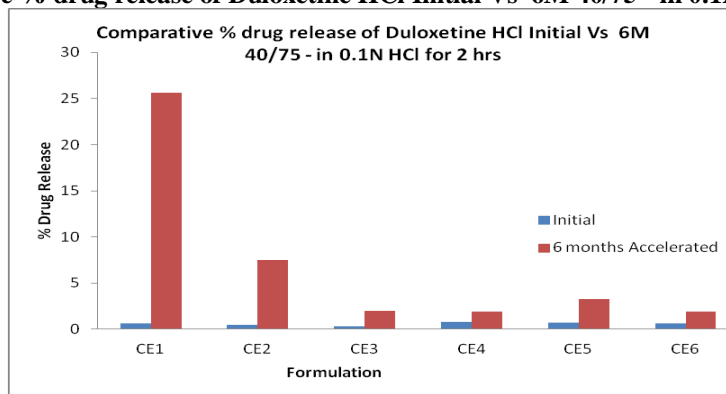
Initial and Accelerated stability samples of the filled capsules were evaluated for Drug content & acid resistance. The results are tabulated in Table:

Table 7: Drug content & Acid resistance: (Initial Vs Stability)

Batch Number↓	Drug content*		Acid resistance*			
	Initial	6 months Accelerated	Initial		6 months Accelerated	
			Residual Assay	% Drug Release in 0.1N HCl*	Residual Assay	% Drug Release in 0.1N HCl*
CE1	100.1 ± 0.26	63.5 ± 0.12	99.5 ± 0.12	0.6	37.9 ± 4.56	25.6
CE2	99.8 ± 0.44	96.5 ± 0.06	99.3 ± 0.17	0.5	89 ± 2.86	7.5
CE3	99.7 ± 0.40	98.4 ± 0.45	99.4 ± 0.42	0.3	96.4 ± 0.62	2.0
CE4	100.3 ± 0.56	99.5 ± 0.06	99.5 ± 0.06	0.8	97.6 ± 0.96	1.9
CE5	100.5 ± 0.44	98.6 ± 0.06	99.8 ± 0.76	0.7	97.3 ± 0.91	3.3
CE6	100.2 ± 0.40	99.5 ± 0.06	99.6 ± 0.3	0.6	97.7 ± 0.71	1.9

*Listed value indicates mean value of results and Standard deviation (Where n=3)

Graph-1: Comparative % drug release of Duloxetine HCl Initial Vs 6M 40/75 - in 0.1N HCl for 2 hrs



The drug content and acid resistance results indicated that Batch CE1 is having high degradation after 6 months accelerated condition. 10% barrier coating is not sufficient to make a barrier between drug layer and enteric layer. Formulation CE2 was not failing for drug content, but there was 10% drop in acid resistance. Hence, 15% barrier coating is also not making a strong barrier between drug layer and enteric layer. The batches CE3 to CE6 produced good acid resistance. From the results it was concluded that minimum 20%w/w barrier coating is required to have stable formulation.

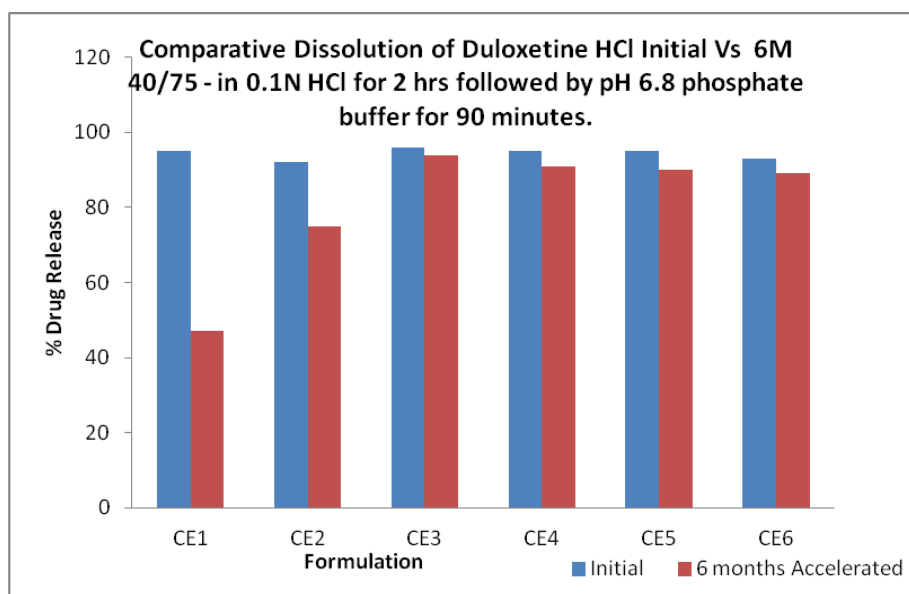
In-Vitro Drug release study

In-vitro drug release study was performed using USP apparatus-I (Basket type) in 0.1 N HCl for first two hrs followed by pH 6.8 phosphate buffer for 90 mins.

Table 8:

Batch No.↓	% Drug Release in 0.1N HCl for first 2 hours then in pH 6.8 phosphate buffer for 90 mins*	
	Initial	6 months Accelerated
CE1	95 ± 1.00	47 ± 5.69
CE2	92 ± 1.73	75 ± 3.79
CE3	96 ± 2.00	94 ± 1.53
CE4	95 ± 2.00	91 ± 1.53
CE5	95 ± 1.00	90 ± 2.65
CE6	93 ± 2.31	89 ± 4.16

*Listed value indicates mean value of results and Standard deviation (Where n=3)

Graph-2: Comparative Dissolution of Duloxetine HCl Initial Vs 6M 40/75 - in 0.1N HCl for 2 hrs followed by pH 6.8 phosphate buffer for 90 minutes.

Results indicated that Batches CE1 & CE2 were failed in dissolution at 6 months accelerated condition. CE3 to CE6 were meeting the specification. From the results it was concluded that minimum 20%w/w barrier coating is required to have stable formulation.

III. CONCLUSION

It is observed from the results that duloxetine hydrochloride is highly acid labile drug. All enteric polymers are incompatible with duloxetine hydrochloride due to the presence of free acids in enteric polymer. Duloxetine also undergoes degradation at pH above 8. Hence, a non ionic protective layer between Duloxetine hydrochloride and enteric polymer was evaluated with different percentage coating, to stabilize the formulation during shelf life. A protective layer coating of 10% and 15% build up (barrier coat), failed in description, acid resistance and drug content at accelerated stability condition. The barrier polymer is another factor affecting drug release patterns since it is the next layer that obstructs the drug release. Therefore, an increase in the concentration of the barrier polymer increases the extent of obstruction of drug release. The results reveals that the formulation with 20% barrier coating is stable in accelerated stability testing. The operating range of 18% to 22% of barrier coating did not affect the drug release. Processing with Opadry white Y-1-7000 was easier when compared with other hypromellose based coating material, due to the high talc content and plasticizer.

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