

Phytochemical Investigation of Roots of *Cryptolepis Buchanani* for Antioxidant and Hepatoprotective Activity

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Received 19 October 2021; Accepted 02 November 2021

ABSTRACT

Cryptolepisbuchanani, family- Asclepiadaceae is reported to possess a number of medicinal properties including jaundice, cooling effect, for polyuria, hemorrhage, gout, wounds, leprosy, dysentery, cough, bronchitis, leucorrhoea, uterine hemorrhage, dysuria and blood diseases, skin diseases, vomiting, poisoning, chronic rheumatism.

The aim and the objective of the study is to evaluate the in vitro Anti-oxidant and in vivo Hepatoprotective activity of alcohol and aqueous extracts of roots of *Cryptolepisbuchanani*. A phytochemical investigation was carried out to identify various constituents present in extracts and found to contain alkaloids, glycosides, phytosterols, and saponins. The Hepatoprotective effect of both alcohol and aqueous extracts of roots of *Cryptolepisbuchanani* were studied in rats by using CCL4 and Paracetamol-induced hepatotoxicity models, at the dose of 200 and 400 mg/kg body weight. Phytochemical analysis of extracts of roots of *Cryptolepisbuchanani* showed the presence of alkaloids, glycosides, saponins, and phytosterols and may play role in the Antioxidant and Hepatoprotective activity. These results support the traditional use of *Cryptolepisbuchanani* for Anti-oxidant and Hepatoprotective activity..

KEY WORDS:-*Cryptolepisbuchanani*: CCL₄, Paracetamol, SGOT, SGPT, ALP, Bilirubin, Total Protein, DPPH, Ascorbic acid:H₂O₂, FRAP.

I. INTRODUCTION:

A naturally derived herbal medicine has a biological activity for use in pharmaceutical drug discovery and drug design. These drugs useful for treating or prevent life style related disorders. There has been a growing interest in the analysis of plant products which was stimulated intense research on their potential health benefits. *Cryptolepisbuchanani*(Asclepiadaceae), a climbing tree, is widely used in folk medicine in Southeast Asia. In Thailand, the alcoholic extract of stem of this plant is common used for the treatment of inflammatory conditions such as arthritis, and muscle and joint pain(panthond et al.,1986). A weak inhibitioninhibition of eicosanoid generation from rat leukocytes was previously reported (Laupattarakasem et al., 2003). The aqueous plant extract posses broad spectrum of medicinal properties ranging ranging from antibacterial *Cryptolepisbuchanani*Roem&Schult. (Asclepiadaceae) is a climbing tree found in evergreen forest in Thailand, china, india, Nepal, and Indo-china.is widely used in folk medicine in southes Asia [1]. In Thailand, *C. buchanani* known as “Thao En On” has been used in treatment of muscle tension, stiffness of tendon, and arthritis [1,3]. Its leaves are used as poultice on inflamed area for the treatment of myalgia and arthtitis[2]. Few studies have examined the anti-inflmmatoryeffect of this plant and found that its extract could reduce inflammation both in *in-vitro* and *in-vivo* studies [1,3]. However, scientific reports of the analgesic and chondroprotective activities of *C.buchanani* are limited.

II. MATERIALS AND METHODS

Plant material

Rootsof*Cryptolepisbuchanani*werecollectedfromBangaloreUniversity,JannabharathiCampusandauthenticatedbyDr.K.P.Srinath Professor ,Botanist ,Bangalore University, Bengaluru. .A voucher specimen (CB-12-02) has been deposited atthe Dept. ofPharmacognosy.(AuthenticationNo-----).



Fig No-1 *Cryptolepis buchananii*

Extraction:

Cryptolepis buchananii is a plant genus in the family Apocynaceae. It includes some 42 species. The stems possess alkaloids, the root of buchananine is identified as 6-Onicotinoyl- α glucopyranose and 1, 3, 6-O-trinicotinoyl-L-glucopyranose. The leaves of *Cryptolepis buchananii* were dried under shade and then powdered with a mechanical grinder to obtain a coarse powder. An equal quantity of powder was passed through a 40 mesh sieve and extracted with ethanol (90% v/v) in the Soxhlet apparatus at 60°C (Chattopadhyay et al, 2003)⁴. The solvent was completely removed by a rotary vacuum evaporator. The extract was dried and stored in vacuum desiccators.

PHARMACOLOGICAL SCREENING

Experimental Animals:⁵

Experimental studies were carried out using male Wistar albino rats (150 -200g) and albino mice (20-25g) purchased from IISC Bangalore, India. The animals were grouped in polypropylene cages with stainless steel top (38x23x10) with not more than six animals per cage and room temperature of 25 \pm 1°C, relative humidity 45-55% and a 12:12 hrs light/dark cycle. The animals were acclimatized; the animals were subjected to a gross observation to ensure that the selected animals were selected for final allotment of the study, one week before in experimental room. All the protocols and the experiments were conducted in strict compliance according to ethical principles and guidelines provided by committee for the purpose of control and supervision of experiments of animal (CPCSEA).

Drugs and chemicals:

Silymarin purchased from E-biologics pvt ltd, serum glutamate oxaloacetate transaminase (SGOT), serum glutamate pyruvate transaminase (SGPT) and Bilirubin kits were obtained from Anjan distributors, Bangalore. Phytochemical analysis, other chemicals and reagents utilized were of analytical grade from SD fine chemicals Bangalore, India.

Preparation of Drugs

The alcoholic and aqueous extract of roots of *Cryptolepis buchananii* were suspended in Tween 80 solution and used for oral administration. Each time fresh preparations of the extracts were prepared.

Determination of hepatoprotective effect of cryptolepis buchananii

Experimental treatments:

Animals were divided into seven groups of six animals of each group.

Group I served as normal, control and received only the vehicle.

Group II animals received CCl₄ (0.5 ml/kg, 1:1 in olive oil) i.p. once daily for 7 days.

Group III animals received CCl₄ (0.5 ml/kg i.p.) and reference standard Silymarin (100 mg/kg p.o.) for 7 days.

Groups IV & V were administered with low and high doses of EECB and CCL₄ at a dose of 0.5 ml/kg i.p. for 7 days.

Groups VI & VII were administered with low.

DETERMINATION OF ACUTE ORAL TOXICITY (LD₅₀):

The acute toxicity of alcoholic and aqueous extracts of roots of *Cryptolepis buchananii* were determined by using female albino mice (20-30g) those maintained under standard husbandry conditions.

The animals were fasted 3 hrs prior to the experiment, up and down procedure (OECD guideline no. 425) was adopted for toxicity studies. Animals were administered with single dose of extract of roots of *Cryptolepis buchananii* and observed for its mortality during 48 hours study period (short term) toxicity. Based on short-term profile of drug, the dose of the next animals was determined as per as OECD guideline 425.

Table no-1, CCL₄ Induced Hepatotoxicity⁶ :

GROUP	DRUG	DOSE
Group I	Vehicle control – 1% Tween	5ml/kg, p.o.
Group II	Toxicant control – CCL ₄	0.5ml/kg, i.p
Group III	CCL ₄ + Standard – Silymarin	100mg/kg, p.o
Group IV	CCL ₄ + Low dose of EECB	200mg/kg, p.o
Group V	CCL ₄ + High dose of EECB	400mg/kg, p.o
Group VI	CCL ₄ + Low dose of AECB	200mg/kg, p.o
Group VII	CCL ₄ + High dose of AECB	400mg/kg, p.o

for 7 days After 24 hours of the last treatment, the blood samples were collected by retroorbital puncture under ether anaesthesia for the estimation of biochemical marker enzymes like ALT, AST, ALP, Direct Bilirubin, Total Bilirubin and Total Protein. The animals were sacrificed by overdose of ether and autopsied. Liver removed from animals and washed with ice-cold saline, weighed and wet liver volume was measured. Small pieces of liver tissue collected and preserved in 10% formalin solution for histopathological studies. The results were reported in Table No. 11, 12, 13.

Table no-2, Paracetamol induced Hepatotoxicity⁷ :

GROUP	DRUG	DOSE
Group I	Vehicle control – 1% Tween	5ml/kg, p.o.
Group II	Toxicant control – CCL ₄	0.5ml/kg, i.p
Group III	CCL ₄ + Standard – Silymarin	100mg/kg, p.o
Group IV	CCL ₄ + Low dose of EECB	200mg/kg, p.o
Group V	CCL ₄ + High dose of EECB	400mg/kg, p.o
Group VI	CCL ₄ + Low dose of AECB	200mg/kg, p.o
Group VII	CCL ₄ + High dose of AECB	400mg/kg, p.o

The evaluation of hepatotoxicity is followed accordingly. Thirty rats were divided into seven groups of 6 animals each. Group I served as normal control and received only the vehicle. Group II, III, IV, V, VI and VII were administered with paracetamol 2 g/kg orally. On the seventh day after 2 hrs of respective treatment, the blood samples were collected by orbital puncture under ether anaesthesia for the estimation of biochemical marker enzymes like ALT, AST, ALP direct Bilirubin, Total Bilirubin and total protein. The results were reported in table no. 11, 12, 13. Fig no-8, 9, 10, 11, 12, 13, 14.

BIOCHEMICAL PARAMETERS:

AST (SGOT): Modified U.V. (IFCC), kinetic assay^{8,9}:

PROCEDURE:-

Table no-3

Pipette out	Test
Serum/ Plasma	100 µl
Working AST Reagent	1000 µl

Mix well and aspirate immediately for measurement. The programme analyzer as per the assay parameter:

1. Blank the analyzer with the purified water.
2. Read absorbance after 60 sec. Repeat the reading after every 30 sec. i.e. up to 120 sec at 340 nm wavelength.
3. Determine the mean absorbance ($\Delta A / \text{min}$)

ALT(SGPT):Modified U.V.(IFCC),kinetic assay^{10,11}

PROCEDURE:

Table no-4

Pipetteout	Test
Serum/plasma	100 μ l
WorkingALTReagent	1000 μ l

Mix well and aspirate immediately for measurement. The programme analyzer as per the assay parameter:

1. Blank the analyzer with the purified water.
2. Read absorbance after 60 sec. Repeat the reading after every 30 sec. i.e. up to 120 sec at 340 nm wavelength.
3. Determine the mean absorbance ($\Delta A / \text{min}$)

ALKALINE PHOSPHAT :PNPP- AMP (IFCC),Kinetic Assay^{12,13,14}

PROCEDURE :

Table no-5

Pipetteout	Test
Serum/plasma	20 μ l
WorkingALPReagent	1000 μ l

Mix well and aspirate immediately for measurement. The programme analyzer as per the assay parameter:

1. Blank the analyzer with the purified water.
2. Read absorbance after 60 sec. Repeat the reading after every 30 sec. i.e. up to 120 sec at 405 nm wavelength.
3. Determine the mean absorbance ($\Delta A / \text{min}$)

TOTALPROTEIN:ModifiedBiuret,EndPointAssay^{15,16}

PROCEDURE:

Table no-6

Pipetteout	Blank	Standard	Test
Serum/plasma	----	----	10 μ l
Reagent2	----	10 μ l	----
Reagent1	1000 μ l	1000 μ l	1000 μ l

Mix well, incubate at 37⁰.c for 5 minutes.Programmetheanalyser as perthe assayparameter:

1. Blanktheanalyserwith ReagentBlank
2. Measureabsorbanceofthestandardfollowed bythe test.
3. Calculateresultsasperthegivencalculation formula.

BILIRUBIN^{17,18,19:}

Mix well, incubate at R.T. for 5 minutes.Programmetheanalyser asperassayparametes.

- 1) Blankthe analyserwithpurifiedwater.
- 2)Measuretheabsorbanceofthesampleblankandtestat546nm(1 λ) and630nm(2 λ)
- 3) Calculateasperthegivenformula.

Table no-7

	TOTAL BILIRUBIN		DIRECT BILIRUBIN	
	Sample Blank	Test	Sample blank	Test
Pipette into tubemarked				
Reagent1	----	50 μ l	-----	50 μ l
Reagent2	100 μ l	50 μ l	100 μ l	50 μ l
Mix properly				
Working reagent	1000 μ l	1000 μ l	----	-----
Serum/plasma	50 μ l	50 μ l	50 μ l	50 μ l
Normal saline	-----	-----	1000 μ l	1000 μ l

Histopathological Studies

a) Processing of isolated liver

The animals were sacrificed and the liver of each animal was isolated and was cut into small pieces, preserved and fixed in 10% formalin for two days. Then the liver piece was washed in running water for about 12 hours to remove the formalin and was followed by dehydration with isopropyl alcohol of increasing strength (70%, 80% and 90%) for 12 hours each. The final dehydration is done using absolute alcohol with about three changes for 12 hours each.

Dehydration was performed to remove all traces of water. Further alcohol was removed by using chloroform and chloroform removed by paraffin infiltration. The clearing was done by using chloroform with two changes for 15 to 20 minutes each. After paraffin infiltration the liver pieces were subjected to automatic tissue processing unit.

b) Embedding in paraffin Vacuum :

Hard paraffin was melted and was poured into L-shaped blocks. The liver pieces were then dropped into the molten paraffin quickly and allowed to cool.

c) Sectioning: The blocks were cut using microtome to get sections of thickness of 5 μ . The sections were taken on a micro slide on which egg albumin i.e., sticking substance was applied. The sections were allowed to remain in an oven at 60 $^{\circ}$ C for 1 hour. Paraffin melts and egg albumin denatures, thereby fixing tissue to slide.

Statistical analysis

The obtained results were analysed for statistical significance using one way ANOVA followed by Dunnett "t" test using the graph pad prism statistical software for comparison with control group and acetaminophen treated group. $P < 0.05$ was considered as significant.

III. RESULTS

HEPATOPROTECTIVE ACTIVITY OF CRYPTOLEPIS BUCHANANI ROOT EXTRACTS.

CCl₄ Induced model (Table no-8&9, figure no-2):

Alcohol (Ethanol) and aqueous extracts at 400 mg/kg body weight showed significant activity in reducing the levels of the AST, ALT, ALP and Total protein content in the blood level.

Table No-8:- Results of the CCl₄ Model (SGOT, SGPT, ALP levels)

GROUP	TEATMENT	DOSE	SGPT levels(U/L) (Mean \pm SEM) AST	SGOT levels(U/L) (Mean \pm SEM) ALT	ALP levels(U/L) (Mean \pm SEM)
1	Normal control	5ml/kg, p.o.	30.14 \pm 1.408	42.49 \pm 1.372	33.74 \pm 1.454
2	Toxicant control	0.5ml/kg, i.p +ccl ₄	175.8 \pm 2.426	168.6 \pm 1.088	146.2 \pm 2.259
3	STANDARD (Silymarin)	100 mg/kg, p.o +ccl ₄	52.60 \pm 1.249***	52.54 \pm 1.037***	47.74 \pm 0.8334***
4	EECB	200 mg/kg, p.o +ccl ₄	123.8 \pm 1.423*	83.44 \pm 2.242*	86.92 \pm 2.082*
5	EECB	400 mg/kg, p.o +ccl ₄	60.74 \pm 0.9352***	56.66 \pm 1.359***	58.90 \pm 1.154***

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6	AECB	200 mg/kg, p.o+ccl ₄	138.6±1.105	111.3±2.040	127.0±1.127
7	AECB	400 mg/kg, p.o+ccl ₄	87.04±1.230**	72.50±1.207**	97.54±1.002**

Values are mean±S.E.M., n=6 animals in each group. Symbols represent statistical significance. *p<0.05, as compared to CCl₄-intoxicated group. **p<0.01, as compared to CCl₄-intoxicated group. ***p < 0.001, as compared to CCl₄-intoxicated group using one way ANOVA followed by Dunnett's test.

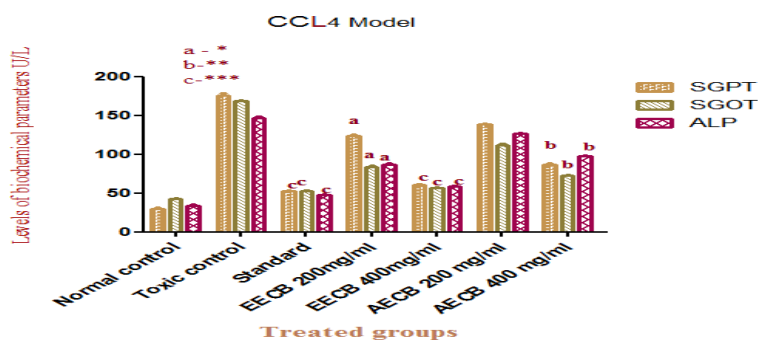


Fig No-2 :Effect of ethanolic (alcoholic)and aqueous extracts of *Cryptolepis buchanani* on SGOT, SGPT and ALP levels in CCl₄ induced hepatotoxicity.

Table no-9:-Result of the CCl₄ model (Total and Direct Bilirubin Level)

GROUP	TEATMENT	DOSE	Direct bilirubin levels (mg/dl) (Mean±SEM)	Total bilirubin levels (mg/dl) (Mean±SEM)
1	Normal control	5ml/kg, p.o.	0.2900±0.007071	0.3560±0.01568
2	Toxicant control	0.5ml/kg, i.p +ccl ₄	0.9020±0.01463	1.756±0.05259
3	Standard (Silymarin)	100 mg/kg, p.o+ccl ₄	0.3840±0.01288***	0.5080±0.01497***
4	EECB	200 mg/kg, p.o+ccl ₄	0.5180 ±0.0220**	0.8540±0.01435*
5	EECB	400 mg/kg, p.o+ccl ₄	0.3300±0.02025***	0.5140 ±0.01568***
6	AECB	200 mg/kg, p.o+ccl ₄	0.6760±0.01860*	0.9300±0.0200
7	AECB	400 mg/kg, p.o+ccl ₄	0.4420±0.0220**	0.6420±0.02035**

Values are mean±S.E.M., n = 6 animals in each group. Symbols represent statistical significance. *p<0.05, as compared to CCl₄-intoxicated group. **p < 0.01, as compared to CCl₄-intoxicated group. *** p < 0.001, as compared to CCl₄-intoxicated group using one way ANOVA followed by Dunnett's test. (Table no-9, Fig no-3)



Fig. No3 :Effect of ethanolic and aqueous extracts of *Cryptolepis buchanani* on DB and TB levels in CCl₄ induced hepatotoxicity.

Table no-10:-Result of the CCl₄ model (Total protein)

GROUP	TEATMENT	DOSE	Total protein levels (gm/dl) (Mean±SEM)
1	Normal control	5ml/kg, p.o.	6.960±0.3234

2	Toxicant control	0.5ml/kg,i.p	3.480±0.1715
3	Standard (Silymarin)	100mg/kg,p.o	5.260±0.1435***
4	EECB	200mg/kg,p.o	4.180±0.1068*
5	EECB	400mg/kg,p.o	5.160±0.06782***
6	AECB	200mg/kg,p.o	3.840±0.1208
7	AECB	400mg/kg,p.o	4.580±0.1715**

Values are mean±S.E.M., n = 6 animals in each group. Symbols represent statistical significance. * p < 0.05, as compared to CCl₄-intoxicated group. **p < 0.01, as compared to CCl₄-intoxicated group. *** p < 0.001, as compared to CCl₄-intoxicated group using one way ANOVA followed by Dunnett's test. (table no-10, fig no-4)

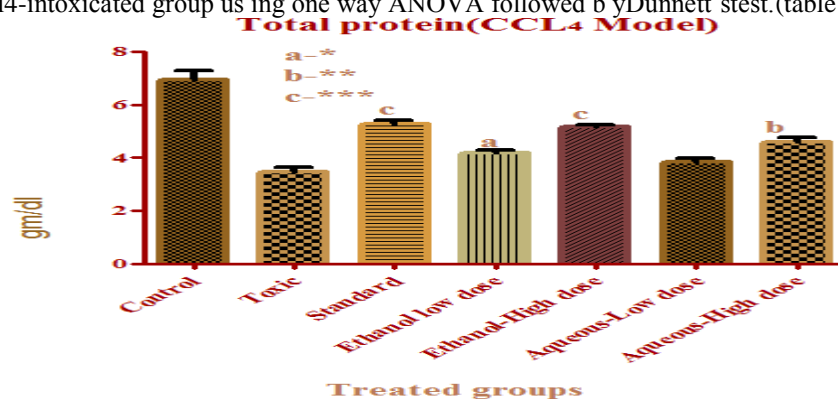


Fig. No-4 :Effect of ethanolic and aqueous extracts of *Cryptolepisbuchanani* on TP levels in CCl₄ induced hepatotoxicity.

Paracetamol Induced Hepatotoxicity:

Alcohol (Ethanolic) and aqueous extract at 400mg/kg body weight showed significant activity in reducing the levels of the AST, ALT, ALP and Total protein content in the blood level.

Table no-11:- Results of the Paracetamol Model (SGOT, SGPT, ALP levels)

GROUP	TEATMET	DOSE	SGPT levels (U/L) (Mean±SEM) AST	SGOT levels (U/L) (Mean±SEM) ALT	ALP levels (U/L) (Mean±SEM)
1	Normal control	5ml/kg,p.o	51.76±1.474	34.28±1.414	43.26±1.546
2	Toxicant control	Paracetamol-2gm/kg,p.o	207.1±1.843	180.8±1.459	143.0±1.342
3	Standard (Silymarin)	100mg/kg,p.o +Paracetamol	62.48±1.273***	45.74±1.039***	54.54±1.185***
4	EECB	200mg/kg,p.o +Paracetamol	113.7±1.594*	126.1±1.721*	95.04±1.614*
5	EECB	400mg/kg,p.o +Paracetamol	71.78±0.937***	50.54±2.554***	62.62±1.049***
6	AECB	200mg/kg,p.o +Paracetamol	133.2±4.842	145.3±1.808	116.7±1.857
7	AECB	400mg/kg,p.o +Paracetamol	96.46±1.664**	96.76±2.624**	82.32±2.096**

Values are mean±S.E.M., n=6 animals in each group. Symbols represent statistical significance. *p<0.05, as compared to

Paracetamol-intoxicated group. **p<0.01, as compared to Paracetamol-intoxicated group. ***p<0.001, as compared to Paracetamol-intoxicated group using one way ANOVA followed by Dunnett's test. (table no-11, fig no-5)

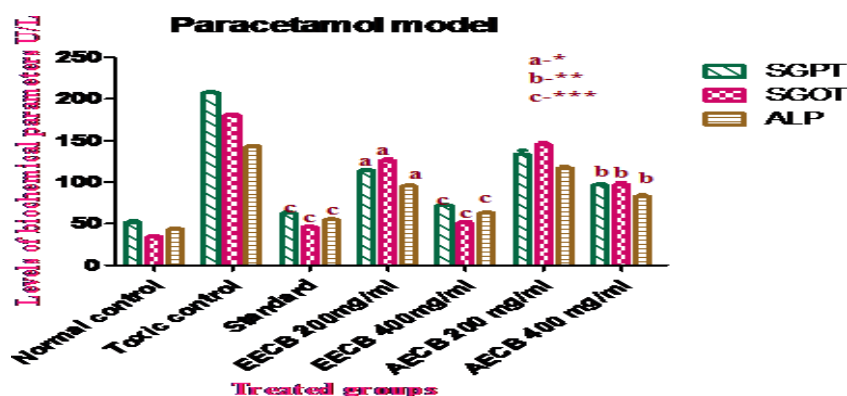


Fig. No.5: Effect of ethanolic and aqueous extracts of *Cryptolepis b Buchananii* on SGOT, SGPT and ALP levels in Paracetamol induced hepatotoxicity

Table no-12:- Results of the Paracetamol Group (Total and Direct Bilirubin Level)

GROUP	TEATMENT	DOSE	Direct bilirubin levels (mg/dl) (Mean±SEM)	Total bilirubin levels (mg/dl) (Mean±SEM)
1	Normal control	5ml/kg, p.o	0.3800±0.01414	0.4280±0.0102
2	Toxicant control	Paracetamol-2gm/kg, p.o	1.304±0.1068	2.180±0.1985
3	Standard (Silymarin)	100mg/kg, p.o +Paracetamol	0.486±0.02315***	0.6020±0.0086***
4	EECB	200mg/kg, p.o +Paracetamol	0.5820±0.01281*	0.9080±0.0220*
5	EECB	400mg/kg, p.o +Paracetamol	0.3520±0.01828***	0.5400±0.0187***
6	AECB	200mg/kg, p.o +Paracetamol	0.7960±0.03219	0.9540±0.0172
7	AECB	400mg/kg, p.o +Paracetamol	0.6400±0.01871**	0.7160±0.0150**

Values are mean±S.E.M., n=6 animals in each group. Symbols represent statistical significance. *p<0.05, as compared to Paracetamol-intoxicated group. **p<0.01, as compared to Paracetamol-intoxicated group. ***p<0.001, as compared to Paracetamol-intoxicated group using one way ANOVA followed by Dunnett's test. (table no-12, fig no-6)

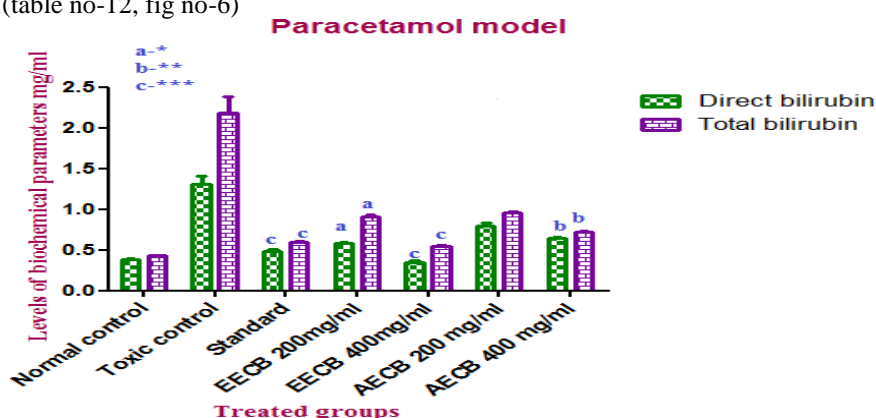


Fig. No.6: Effect of ethanolic and aqueous extracts of *Cryptolepis b Buchananii* on DB and TB levels in Paracetamol induced hepatotoxicity

Table no-13:- Results of the Paracetamol Group (Total protein)

GROUP	TEATMENT	DOSE	Total
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			protein levels (gm/dl) (Mean ± SEM)
1	Normal control	5ml/kg, p.o	8.140 ± 0.1536
2	Toxicant control	Paracetamol -2gm/kg, p.o	4.400 ± 0.1304
3	Standard (Silymarin)	100mg/kg, p.o + Paracetamol	5.880 ± 0.1158***
4	EECB	200mg/kg, p.o + Paracetamol	4.434 ± 0.1370*
5	EECB	400mg/kg, p.o + Paracetamol	5.644 ± 0.1112***
6	AECB	200mg/kg, p.o + Paracetamol	3.724 ± 0.2004
7	AECB	400mg/kg, p.o + Paracetamol	4.514 ± 0.1135**

Values are mean ± S.E.M., n=6 animals in each group. Symbols represent statistical significance. *p<0.05, as compared to Paracetamol-intoxicated group. **p<0.01, as compared to Paracetamol-intoxicated group. ***p<0.001, as compared to Paracetamol-intoxicated group using one way ANOVA followed by Dunnett's test. (table no-13, fig no-7)

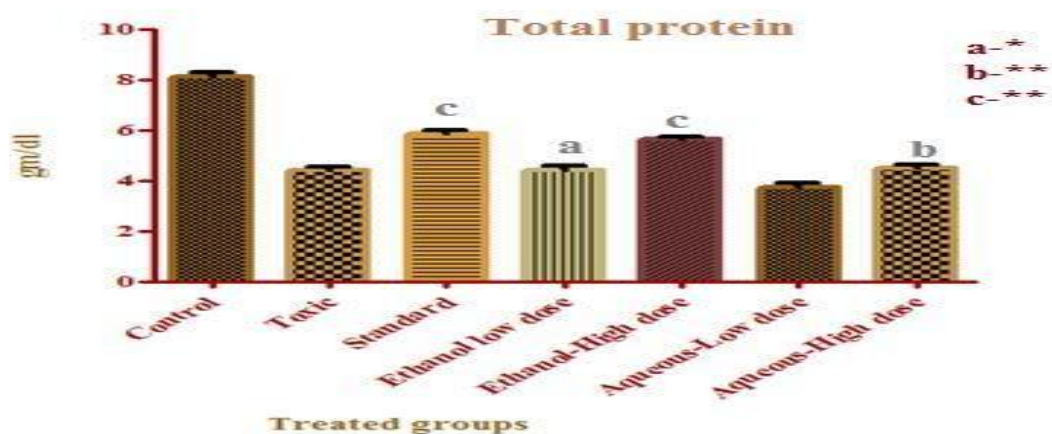


Fig. No.7: Effect of ethanolic and aqueous extracts of *Cryptolepis buchananii* TP levels in Paracetamol induced hepatotoxicity.

HISTOPATHOLOGY OF LIVERS IN CCl₄ INDUCED GROUP:

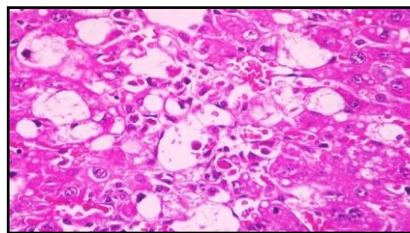
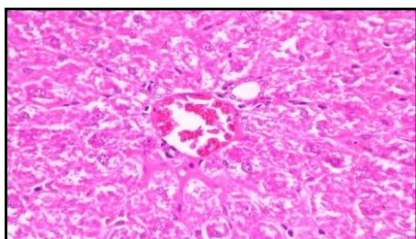


Fig. No. 8: Liver section of group 1 rat (normal) in CCl₄ Group (CCl₄) **Fig No.9** Liver section of group 2 rat in CCl₄ Group (CCl₄)

The hepatic parenchyma, sinusoids, central vein and portal triad appear within normal limits.

Effaced architecture, Macro and Microsteatosis, Scattered mononuclear inflammatory infiltration.

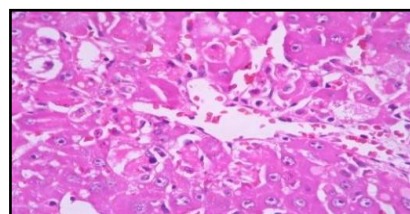
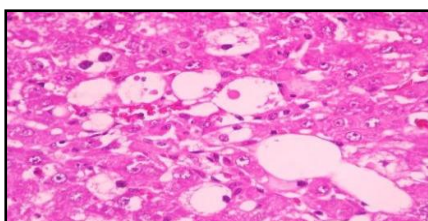
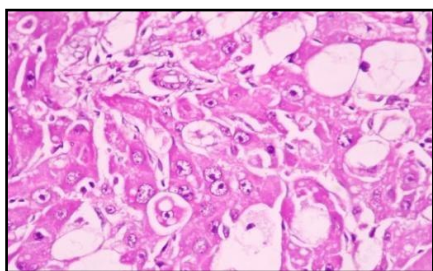


Fig.No.10 : Liver section of group 3 rat (Silymarin) (Ethanolic 400mg/kg) in CCl₄ Group **Fig. No. 12:** Liver section of group 5 rat in CCl₄ Group

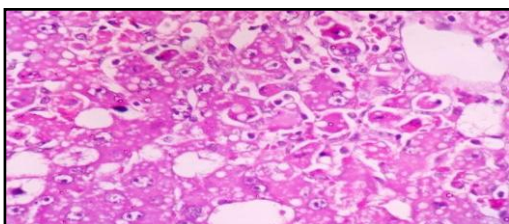
Partially effaced architecture, Macrosteatosis and Microsteatosis, Dilated and congested sinusoids, near to normal.

Focal disrupted architecture, Macrosteatosis and microsteatosis, Regenerative hepatocytes.



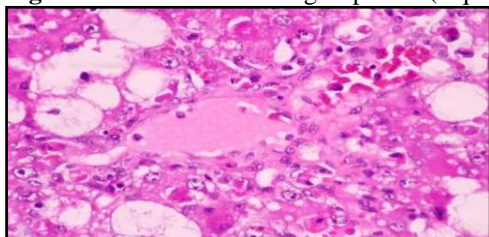
Partially effaced architecture, Macrosteatosis and Microsteatosis, Regenerative hepatocytes

Fig.No11: Liver section of group 4 rat (Ethanolic 200mg/kg) in CCl₄ Group



Partially effaced
Architecture, Macrosteatosis and
Microsteatosis, Degenerative
and Regenerative hepatocytes.

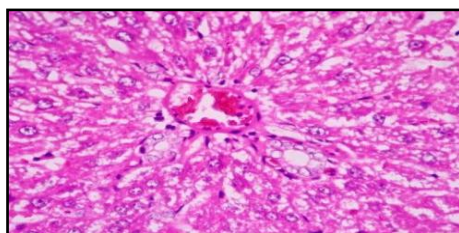
Fig. No.13: Liver section of group 6 rat (Aqueous 200 mg/kg) in CCl₄ Group



Partially effected
Architecture,
macrosteatosis and
Microsteatosis,
Regenerative

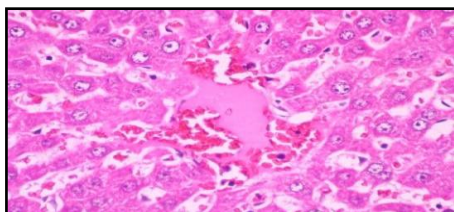
Fig.No.14: Liver section of group 6 rat (Aqueous 400 mg/kg) in CCl₄ Group

HISTOPATHOLOGY OF LIVERS IN PARACETAMOL INTOXICATED GROUP:



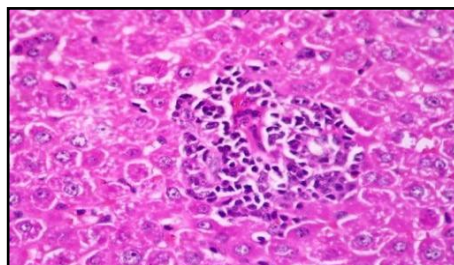
The hepatic
parenchyma, sinusoids, central v
ein and portal triad appear
within normal limits.

Fig. No. 15: Liver section of group 1 rat (Normal) in Paracetamol group.



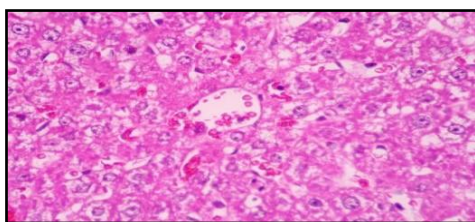
Effaced architecture,
Focal aggregates of
mononuclear inflammatory
infiltration

Fig. No. 16,32: Liver section of group 2 rat (Paracetamol induced) in Paracetamol group.



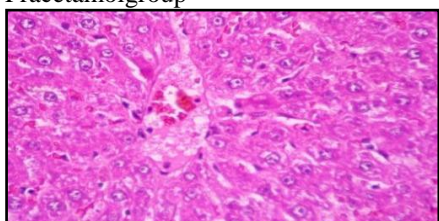
Intact architecture, dilated and
congested
sinusoids, Focal aggregates
of mononuclear
inflammatory infiltration

Fig. No.17, 33: Liver section of group 3 rat (Silymarin) in Paracetamol group



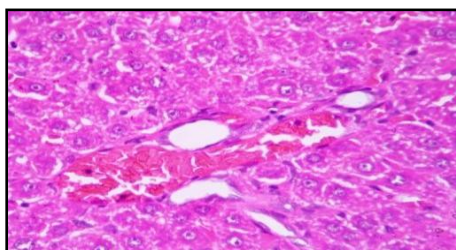
Intact architecture, degenerative hepatocytes, mononuclear inflammatory infiltration.

Fig. No.18, 34: Liver section of group 4 rat (Ethanolic 200 mg/kg) in Paracetamol group



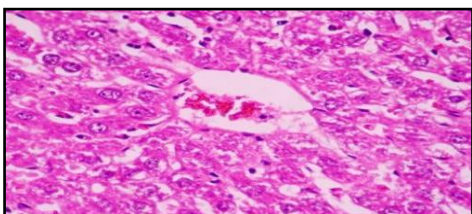
Intact architecture, degenerative and regenerative hepatocytes

Fig. No.19 35: Liver section of group 5 rat (Ethanolic 400 mg/kg) in Paracetamol group



The sinusoids and few central veins appear dilated and congested. The hepatic parenchyma and portal triad appear within limits.

Fig. No.20 36: Liver section of group 6 rat (Aqueous 200 mg/kg) in Paracetamol group



The hepatic parenchyma, sinusoids, central veins and portal triad appear within normal limits.

Fig. No. 21,37: Liver section of group 7 rat (Aqueous 400 mg/kg) in Paracetamol group

IV. DISCUSSION

In the traditional medicine system, many plants and herbs are claimed to have Antioxidant and hepatoprotective efficacy without any scientific basis. The aim of the present study was to carry phytochemical investigation and evaluation of roots of *Cryptolepis buchananii* for Antioxidant and Hepatoprotective activity.

Fluorescence analysis of the dried root powder on treatment with various reagents showed no fluorescence both in short (254nm) and long (366nm) wavelengths. The fluorescent behavior of the powdered drug in different solutions towards ordinary light and ultraviolet light (both long and short wavelengths) gives an idea about various phytoconstituents present in plant drugs.

Various extracts of *Cryptolepis buchananii* were subjected to phytochemical investigation and ethanolic and aqueous extracts revealed the presence of alkaloids, glycosides, saponins, and phytosterols.

Estimation of SGPT:

SGPT is a cytosolic enzyme primarily present in liver; the levels of SGPT in serum increase due to cleavage of this cellular enzyme into plasma by CCl_4 -induced hepatic injury. Serum levels of SGPT can increase due to damage of the tissues producing acute hepatic necrosis such as viral hepatitis and acute cholestasis. Alcoholic liver damage and cirrhosis also can be associated with mild to moderate elevation of transaminase. Alcoholic extract and aqueous extracts at 400 mg/kg dose significantly reduced the SGPT level almost the same as that of standard, compared to the CCl_4 and Paracetamol-treated group.

Estimation of ALP:

In case of liver toxicity, alkaline phosphatase (ALP) levels are very high, which may be due to defective hepatic excretion or by increased production of ALP by hepatic parenchymal or duct cells. Alcoholic extract and aqueous extracts at 400 mg/kg dose significantly reduced the ALP level almost the same as that of standard, compared to the CCl₄ and Paracetamol-treated group.

Estimation of serum bilirubin:

Toxic liver, elevated bilirubin levels can result from impaired hepatic uptake of unconjugated bilirubin. Such a situation occurs in generalized liver cell injury. Certain drugs, ex: rifampicin; probenecid interfere with the uptake of bilirubin by the liver cell and may produce Bilirubin levels also rise in diseases of hepatocytes, obstruction to biliary excretion into the duodenum, in haemolysis and defects in hepatic uptake and conjugation of bilirubin pigment such as Gilbert's disease. Alcoholic extract and aqueous extract at 400 mg/kg dose significantly reduced the bilirubin level almost the same as that of standard, compared to CCl₄ and Paracetamol-treated group.

Total protein: Liver cells synthesize albumin, fibrinogen, prothrombin, alpha-1-antitrypsin, haptoglobin, ceruloplasmin, transferrin, alpha foetal proteins and acute phase reactant proteins. The blood levels of these plasma proteins are decreased in extensive liver damage. Alcoholic extract and aqueous extract of 400 mg/kg doses significantly increased the bilirubin level almost the same as that of standard, compared to CCl₄ and Paracetamol-treated group.

HISTOPATHOLOGICAL STUDY:

The alcoholic and aqueous extracts of 400 mg/kg p.o were able to retain the cell architecture completely and also able to regenerate hepatocyte cells. The alcoholic and aqueous extracts of 200 mg/kg p.o were able to retain the cell architecture, degenerative hepatocytes and also regenerative cells. From the above study we conclude that alcoholic and aqueous extracts at 400 mg/kg p.o. as showed significant activity, compared to alcoholic and aqueous extracts of 200 mg/kg p.o. roots of *Cryptolepis buchananii*. Alcoholic extract of roots *Cryptolepis buchananii* at dose 400 mg/kg showed more significant reduction in the level of serum enzymes and increase in TP as compared with aqueous extract at dose of 400 mg/kg. These observations suggest that the alcoholic extract has more hepatoprotective activity.

The active phytochemical constituents like alkaloids, glycosides, saponin and phytosterols present in roots of *Cryptolepis buchananii* may be responsible for Anti-oxidant and hepatoprotective activity.

The present study supports the ethnomedicinal use of *Cryptolepis buchananii* as an Antioxidant and hepatoprotective agent. Further experimentation is needed to isolate and understand the precise mechanism of action responsible for the Antioxidant and hepatoprotective activity.

V. SUMMARY:

Alcoholic and aqueous extracts of the roots of *Cryptolepis buchananii* were screened for hepatoprotective activity by CCl₄ and Paracetamol models. The acute LD₅₀ value for *Cryptolepis buchananii* extract was found to be safe up to 2000 mg/kg p.o. The results of hepatoprotective activity of *Cryptolepis buchananii* revealed that administration of alcoholic extract at a dose of 400 mg/kg body weight showed a more significant decrease in the level of serum enzymes and increase in TP level as compared to the standard and toxic (CCl₄ and paracetamol) induced group.

VI. CONCLUSION:

In the present study, dried roots of *Cryptolepis buchananii* were subjected to extraction by using Petroleum ether, Chloroform, Acetone, Alcohol, and Water. The phytochemical investigation of alcoholic and aqueous extracts of *Cryptolepis buchananii* showed the presence of alkaloids, glycosides, saponins, phytosterols.

In the in-vitro Antioxidant studies, the alcoholic extract and to lesser extent aqueous extract of roots of *Cryptolepis buchananii* has shown significant Anti-oxidant activity.

The alcoholic and aqueous extracts at doses of 200 and 400 mg/kg were evaluated for hepatoprotective activity using serum marker enzymes like SGOT, SGPT, ALP, total bilirubin, direct bilirubin, total protein and histopathology.

Both the extracts showed dose dependent hepatoprotective activity. In comparison, alcoholic extract at a dose level of 400 mg/kg possesses statistically significantly hepatoprotective activity and is comparable to

standard Silymarin, by reduction in elevated levels of serum enzyme, bilirubin and increase in the total protein level. The histopathological study supported these results by normalizing the CCl₄ and Paracetamol-induced liver damage.

From this study, we can conclude that alcoholic extract has good hepatoprotective activity compared to aqueous extract. Further detailed investigations are needed to determine the Phyto-constituents which are responsible for Anti-oxidant and hepatoprotective activity.

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Rajeshwari H.M. "Phytochemical Investigation of Roots of *Cryptolepis Buchanani* for Antioxidant and Hepatoprotective Activity." *IOSR Journal of Pharmacy (IOSRPHR)*, 11(10), 2021, pp. 45-58.