

Study of Combined Impact of *Chlorella Vulgaris* And *Spirulina Platensis* on Sub - Lethal & Lethal Concentrations of Copper & Zinc Toxicity on *Labeo Rohita* (Ham), *Clarias Batrachus* (Linn) And *Channa Punctatus* (Bloch).

Avinash R.Nichat* , S. A. Shaffi ** and V. K. Kakaria***

* Asstt. Professor in Deptt. of Zoology Govt. College Bhakhara ,Dhantari INDIA

** Ex-Dean Of Regional Education of Institute (NCERT) Bhopal-13- INDIA

***Principal of Regional Education of Institute (NCERT) Bhopal-13 – INDIA

Corresponding Author: Avinash R.Nichat

ABSTRACT: The *Chlorella vulgaris* and *Spirulina platensis* influenced the sub-lethal & lethal effect of copper & zinc caused variations in brain compartmentation (cerebrum, diencephalons, cerebellum & medulla oblongata) of hexokinase in *Labeo rohita*, *Clarias batrachus* & *Channa punctatus* under acute or short term exposure. The sub-lethal and lethal levels of copper & zinc inhibited the hexokinase to a highest extent in diencephalon than in cerebrum, medulla oblongata & cerebellum in *Labeo rohita* in comparison to *Clarias batrachus* & *Channa punctatus* but lesser than the fall of the hexokinase enzymes in the above said fish species directly exposed to sub-lethal & lethal levels of copper & zinc directly without *Chlorella vulgaris* and *Spirulina platensis* compelled us to develop an insight to understand the positive impact on important bio-chemical parameters like enzymes that are important to promote a variety of anabolic & catabolic processes in an organism effectively reflects that microbes act as antidote effect fall heavy metal toxicity and the less fall of the hexokinase enzyme under investigation may be that *Chlorella vulgaris* and *Spirulina platensis* has a soothing impact and hence the *Chlorella vulgaris* and *Spirulina platensis* are able to decrease the sub-lethal & lethal toxicity of sub-lethal & lethal levels of copper & zinc.

The following finding may help to understand the microbe-metal interaction and sub sequent detoxification of the metal caused toxicity to a less extent in a better way.

Key Words:- *Chlorella vulgaris* , *Spirulina platensis*, Copper, Zinc hexokinase, *Labeo rohita*, *Clarias batrachus* , *Channa punctatus*.

Date of Submission: 22-01-2019

Date of acceptance: 05-02-2019

I. INTRODUCTION

Heavy metals are dangerous because they tend to bioaccumulation [Bano et al., 2007 & Aniko et al., 2015]. Bioaccumulation means an increase in the concentration of a chemical in a biological organism over time, compared to the chemical's concentration in the environment. Compounds accumulate in living things any time they are taken up and stored faster than they are broken down (metabolized) or excreted [Sharma & Sharma, 2005; Shaffi & Kakaria, 2006; Manjrekar et. al., 2008; Ansari & Bhandari, 2008; Kaur & Bansal, 2008; Manousaki & Kalogerakis, 2009 & Murali & Mehar, 2014 & Nichat, 2018].

In the present investigation the author made an attempt to investigate the combined influence of *Chlorella vulgaris* and *Spirulina Platensis* on sub-lethal & lethal concentration of metal (Cu & Zn) caused enzymatic variations *hexokinase* in different brain regions [cerebrum, diencephalons, cerebellum & medulla oblongata] of fresh water teleosts i.e. *Labeo rohita* (Ham.), *Clarias batrachus* (Linn.) and *Channa punctatus* (Bloch.) on a comparative basis from a tropical environment under short term exposure (acute studies).

II. MATERIAL AND METHODS

Alive, healthy, mature, disease-free & active *Labeo rohita* (Ham.), *Clarias batrachus*(Linn.) and *Channa punctatus*(Bloch.) 120-130 gm. of 18-20 cm. (standard length) were obtained from few selected local ponds to avoid ecological variation and acclimatized in the laboratory condition for a period of seven days and were subjected for various exposures and investigations.

Determination of safety, Sub-lethal and lethal concentration: Safety, sub-lethal concentrations of copper was determined on *Labeo rohita*, *Clarias batrachus* and *Channa punctatus* by the *Probit Analysis Method*

Study Of Combined Impact Of Chlorella Vulgaris And Spirulina Platensis On Sub - Lethal & Lethal ..

[Finney,1971]. Higher concentration of copper was used and slowly reduced the amount of concentration to know the Lc 50/100 value for 96-hour exposure.

Acute studies: The *Labeo rohita* , *Clarias batrachus* and *Channa punctatus* (120-130 gm) of 18-20 cm(standard length) were taken separately and kept in twenty groups and each group consist of forty eight fish species . No food was given to the above fish species during this period (08, 16 & 24hrs). The first set of *Labeo rohita* , *Clarias batrachus* and *Channa punctatus* were exposed to sub-lethal and lethal concentration of copper and zinc the detail were described somewhere else [Shaffi & Kakaria,2006].

Preparation of tissue extract: The termination of the experiment preparation of tissue extract and enzyme assays were described elsewhere [Colowick & Kaplon,1975 , Shaffi & Habbibulla,1977].

Statistical analysis: The experiments with acute and chronic studies were repeated at least seven times separately to subject the data for analysis of variance.

Table No.-1 : Combined influence of *Chlorella vulgaris* & *Spirulina platensis* on Copper metal (Sub-lethal cons.) caused *hexokinase* variation in different brain regions of three freshwater teleosts. Acute studies

Regions of the Brain	Control	Duration of sub-lethal Concentration exposure			% of fall/ Rise	Duration of sub-lethal concentration exposure with <i>Chlorella vulgaris</i> & <i>Spirulina platensis</i>			% of fall/rise
		08 Hrs.	16 Hrs.	24 Hrs.		08 Hrs.	16 Hrs.	24 Hrs.	
(A) <i>Labeo rohita</i> (HAM)									
Cerebrum	0.366 ±.052	0.222 ±.084	0.166 ±.032	0.117 ±.022	68.03	0.242 ±.032	0.189 ±.026	0.160 ±.024	56.28
Diencephalon	0.298 ±.036	0.162 ±.032	0.132 ±.024	0.084 ±.012	71.81	0.189 ±.024	0.155 ±.029	0.119 ±.014	60.06
Cerebellum	0.226 ±.030	0.144 ±.028	0.126 ±.018	0.113 ±.011	50.00	0.198 ±.022	0.172 ±.024	0.126 ±.019	44.24
Medulla Oblongata	0.335 ±.028	0.212 ±.022	0.174 ±.024	0.137 ±.022	59.10	0.295 ±.031	0.192 ±.022	0.170 ±.022	49.25
(B) <i>Clarias batrachus</i> (LINN.)									
Cerebrum	0.351 ±.036	0.346 ±.036	0.196 ±.026	0.133 ±.018	62.10	0.334 ±.041	0.205 ±.019	0.178 ±.026	49.28
Diencephalon	0.254 ±.052	0.218 ±.022	0.148 ±.022	0.081 ±.012	68.11	0.242 ±.024	0.162 ±.021	0.124 ±.016	51.18
Cerebellum	0.171 ±.030	0.146 ±.019	0.124 ±.024	0.090 ±.016	47.36	0.162 ±.029	0.136 ±.016	0.102 ±.014	40.35
Medulla Oblongata	0.288 ±.028	0.177 ±.024	0.152 ±.019	0.129 ±.029	55.20	0.298 ±.032	0.162 ±.021	0.158 ±.021	45.13
(C) <i>Channa punctatus</i> (BLOCH)									
Cerebrum	0.294 ±.042	0.264 ±.036	0.182 ±.036	0.129 ±.019	56.12	0.272 ±.024	0.192 ±.016	0.170 ±.026	42.17
Diencephalon	0.206 ±.018	0.189 ±.028	0.135 ±.022	0.074 ±.009	64.07	0.182 ±.018	0.126 ±.017	0.097 ±.018	52.91
Cerebellum	0.198 ±.034	0.182 ±.024	0.146 ±.019	0.114 ±.021	42.42	0.175 ±.016	0.141 ±.014	0.126 ±.022	36.36
Medulla Oblongata	0.254 ±.036	0.212 ±.020	0.168 ±.024	0.128 ±.016	49.60	0.224 ±.028	0.182 ±.022	0.154 ±.019	39.37

The data was subjected to test of ANOVA . Values are mean ± SDM of seven replicates . The super scripts a,b & c indicates that P >0.01, P>0.02, & P>0.05 respectively

Table No.-2 : Combined influence of *Chlorella vulgaris* & *Spirulina platensis* on copper metal (Lethal cons.) caused *hexokinase* variation in different brain regions of three freshwater teleosts. Acute studies

Regions of the Brain	Control	Duration of sub-lethal Concentration exposure			% of fall/ Rise	Duration of sub-lethal concentration exposure with <i>Chlorella vulgaris</i> & <i>Spirulina platensis</i>			% of fall/rise
		08 Hrs.	16 Hrs.	24 Hrs.		08 Hrs.	16 Hrs.	24 Hrs.	
(A) <i>Labeo rohita</i> (HAM)									
Cerebrum	0.335 ±.126	0.246 ±.038	0.176 ±.029	0.083 ±.012	75.22	0.185 ±.026	0.152 ±.019	0.120 ±.018	64.17
Diencephalon	0.274 ±.082	0.189 ±.042	0.114 ±.034	0.052 ±.010	81.02	0.162 ±.018	0.134 ±.018	0.090 ±.015	67.15
Cerebellum	0.218 ±.046	0.172 ±.032	0.148 ±.028	0.089 ±.021	59.17	0.195 ±.029	0.138 ±.026	0.106 ±.016	51.37
Medulla Oblongata	0.320 ±.052	0.208 ±.026	0.166 ±.042	0.112 ±.018	65.00	0.296 ±.036	0.182 ±.019	0.147 ±.024	54.06
(B) <i>Clarias batrachus</i> (LINN.)									

Study Of Combined Impact Of Chlorella Vulgaris And Spirulina Platensis On Sub - Lethal & Lethal ..

Cerebrum	0.318 ±.062	0.336 ±.024	0.194 ±.022	0.095 ±.015	70.12	0.296 ±.042	0.162 ±.024	0.120 ±.017	62.26
Diencephalon	0.241 ±.052	0.224 ±.030	0.132 ±.018	0.062 ±.010	74.27	0.218 ±.024	0.136 ±.018	0.089 ±.013	63.07
Cerebellum	0.174 ±.044	0.146 ±.028	0.122 ±.019	0.072 ±.012	56.09	0.151 ±.019	0.121 ±.017	0.086 ±.012	47.56
Medulla Oblongata	0.262 ±.040	0.156 ±.036	0.182 ±.034	0.107 ±.018	59.16	0.232 ±.042	0.148 ±.021	0.125 ±.021	52.29
(C) <i>Channa punctatus</i> (BLOCH)									
Cerebrum	0.291 ±.036	0.254 ±.038	0.159 ±.024	0.108 ±.022	62.88	0.164 ±.028	0.142 ±.019	0.125 ±.036	56.01
Diencephalon	0.232 ±.024	0.176 ±.028	0.110 ±.022	0.069 ±.009	70.25	0.152 ±.036	0.122 ±.020	0.097 ±.017	58.18
Cerebellum	0.148 ±.032	0.182 ±.032	0.124 ±.032	0.077 ±.014	47.97	0.132 ±.022	0.121 ±.018	0.085 ±.012	42.56
Medulla Oblongata	0.242 ±.029	0.204 ±.068	0.148 ±.042	0.109 ±.019	54.95	0.212 ±.031	0.152 ±.014	0.135 ±.019	44.21

The data was subjected to test of ANOVA . Values are mean ± SDM of seven replicates . The super scripts a,b & c indicates that P >0.01, P>0.02, & P>0.05 respectively

Table No.-3 : Combined influence of *Chlorella vulgaris* & *Spirulina platensis* on zinc metal (sub-lethal cons.) caused *hexokinase* variation in different brain regions of three freshwater teleosts. Acute studies

Regions of the Brain	Control	Duration of sub-lethal Concentration exposure			% of fall/ Rise	Duration of sub-lethal concentration exposure with <i>Chlorella vulgaris</i> & <i>Spirulina platensis</i>			% of fall/rise
		08 Hrs.	16 Hrs.	24 Hrs.		08 Hrs.	16 Hrs.	24 Hrs.	
(A) <i>Labeo rohita</i> (HAM)									
Cerebrum	0.366 ±.098	0.198 ±.029	0.172 ±.032	0.146 ±.021	60.10	0.242 ±.036	0.195 ±.021	0.172 ±.028	53.00
Diencephalon	0.298 ±.064	0.178 ±.032	0.142 ±.024	0.099 ±.015	66.67	0.198 ±.023	0.164 ±.026	0.137 ±.019	54.02
Cerebellum	0.226 ±.048	0.159 ±.022	0.138 ±.019	0.120 ±.018	46.90	0.192 ±.019	0.148 ±.019	0.135 ±.013	40.26
Medulla Oblongata	0.335 ±.054	0.199 ±.032	0.162 ±.024	0.154 ±.019	54.02	0.305 ±.036	0.218 ±.022	0.184 ±.022	45.07
(B) <i>Clarias batrachus</i> (LINN.)									
Cerebrum	0.351 ±.039	0.321 ±.066	0.236 ±.024	0.154 ±.021	56.12	0.318 ±.028	0.224 ±.016	0.207 ±.032	41.02
Diencephalon	0.254 ±.041	0.219 ±.022	0.148 ±.020	0.099 ±.018	61.02	0.232 ±.020	0.182 ±.019	0.144 ±.016	43.30
Cerebellum	0.171 ±.029	0.158 ±.019	0.124 ±.019	0.097 ±.016	43.27	0.151 ±.016	0.119 ±.021	0.106 ±.012	38.01
Medulla Oblongata	0.288 ±.039	0.266 ±.028	0.189 ±.014	0.149 ±.021	48.26	0.262 ±.032	0.195 ±.012	0.172 ±.024	40.27
(C) <i>Channa punctatus</i> (BLOCH)									
Cerebrum	0.294 ±.041	0.266 ±.042	0.184 ±.026	0.147 ±.023	50.00	0.274 ±.029	0.196 ±.026	0.176 ±.018	40.13
Diencephalon	0.206 ±.028	0.178 ±.026	0.126 ±.018	0.091 ±.010	55.82	0.188 ±.019	0.132 ±.018	0.119 ±.021	42.23
Cerebellum	0.198 ±.036	0.162 ±.022	0.138 ±.014	0.120 ±.014	39.39	0.182 ±.022	0.142 ±.021	0.132 ±.014	33.53
Medulla Oblongata	0.254 ±.042	0.229 ±.019	0.168 ±.022	0.142 ±.019	44.09	0.236 ±.019	0.189 ±.021	0.165 ±.019	35.03

The data was subjected to test of ANOVA . Values are mean ± SDM of seven replicates . The super scripts a,b & c indicates that P >0.01, P>0.02, & P>0.05 respectively.

Table No.-4 : studies Combined influence of *Chlorella vulgaris* & *Spirulina platensis* on zinc metal (lethal cons.) caused *hexokinase* variation in different brain regions of three freshwater teleosts. Acute studies

Regions of the Brain	Control	Duration of sub-lethal Concentration exposure			% of fall/ Rise	Duration of sub-lethal concentration exposure with <i>Chlorella vulgaris</i> & <i>Spirulina platensis</i>			% of fall/rise
		08 Hrs.	16 Hrs.	24 Hrs.		08 Hrs.	16 Hrs.	24 Hrs.	
(A) <i>Labeo rohita</i> (HAM)									
Cerebrum	0.366 ±.098	0.210 ±.036	0.172 ±.022	0.113 ±.019	69.1 2	0.196 ±.026	0.182 ±.019	0.153 ±.024	58.19

Diencephalon	0.298 ±.064	0.184 ±.021	0.148 ±.019	0.081 ±.016	72.8 1	0.176 ±.014	0.142 ±.016	0.119 ±.018	60.06
Cerebellum	0.226 ±.048	0.154 ±.018	0.134 ±.021	0.101 ±.014	55.3 0	0.201 ±.018	0.182 ±.022	0.122 ±.021	46.01
Medulla Oblongata	0.335 ±.054	0.196 ±.022	0.158 ±.024	0.137 ±.016	59.0 1	0.307 ±.032	0.201 ±.023	0.170 ±.016	49.25
(B) <i>Clarias batrachus</i> (LINN.)									
Cerebrum	0.351 ±.039	0.341 ±.032	0.189 ±.038	0.119 ±.017	66.0 9	0.319 ±.028	0.184 ±.018	0.161 ±.021	54.13
Diencephalon	0.254 ±.041	0.226 ±.028	0.136 ±.024	0.080 ±.012	68.5 0	0.224 ±.028	0.134 ±.018	0.114 ±.012	55.11
Cerebellum	0.171 ±.029	0.159 ±.019	0.118 ±.032	0.082 ±.014	52.0 4	0.156 ±.019	0.126 ±.016	0.097 ±.011	43.27
Medulla Oblongata	0.288 ±.039	0.242 ±.024	0.176 ±.012	0.129 ±.021	55.2 0	0.262 ±.026	0.184 ±.022	0.152 ±.016	47.22
(C) <i>Channa punctatus</i> (BLOCH)									
Cerebrum	0.294 ±.041	0.178 ±.021	0.158 ±.022	0.126 ±.019	57.1 4	0.276 ±.032	0.181 ±.019	0.149 ±.021	49.31
Diencephalon	0.206 ±.028	0.184 ±.019	0.124 ±.018	0.080 ±.012	61.1 6	0.185 ±.024	0.142 ±.016	0.110 ±.014	46.60
Cerebellum	0.198 ±.036	0.169 ±.022	0.132 ±.026	0.112 ±.009	43.4 3	0.182 ±.019	0.132 ±.014	0.124 ±.016	37.37
Medulla Oblongata	0.254 ±.042	0.184 ±.032	0.149 ±.021	0.127 ±.022	50.0 0	0.236 ±.024	0.162 ±.024	0.149 ±.021	41.33

The data was subjected to test of ANOVA . Values are mean ± SDM of seven replicates . The super scripts a,b & c indicates that P >0.01, P>0.02, & P>0.05 respectively.

III. RESULTS

The combined impact of *Chlorella vulgaris* and *Spirulina platensis* was investigated on sub - lethal & lethal concentrations of copper and zinc toxicity on *hexokinase* in various brain regions of *Labeo rohita*(sub-lethal concentration of Zn- 0.72 mg/ltr. ,Cu- 0.10 mg/ltr and lethal concentration of Zn- 0.90 mg/ltr., Cu- 0.22 mg/ltr.), *Clarias batrachus* (sub-lethal concentration of Zn- 2.75mg/ltr. ,Cu- 0.50 mg/ltr and lethal concentration of Zn- 2.84 mg/ltr., Cu- 0.96 mg/ltr.), and *Channa punctatus* (sub-lethal concentration of Zn- 2.90mg/ltr. ,Cu- 0.80mg/ltr and lethal concentration of Zn- 3.08mg/ltr., Cu- mg/ltr.), at 08, 16 & 24 hrs. exposure under acute studies . Please see **Table-1 -4**.

The *hexokinase* fall was highest in diencephalon exposed to sub-lethal concentrations of copper in microbe presence (Two) at 08 hrs. than at 16 & 24 hrs. in comparison to cerebrum, medulla oblongata & cerebellum in *Labeo rohita* than in *Clarias batrachus* & *Channa punctatus*(**Table-1-2**).

The sub-lethal zinc exposed (In presence of two microbes) *Labeo rohita* registered highest fall in *hexokinase* activity in diencephalons in comparison to cerebrum, medulla oblongata & cerebellum at 08 hrs. than at 16 & 24 hrs. exposure than that of *Clarias batrachus* & *Channa punctatus* (**Table-3-4**).

In all these investigations the fall in the above mentioned enzymes were optimum with copper & zinc exposed once respectively both at sub-lethal & lethal levels than in presence of microbes.

IV. DISCUSSION AND CONCLUSION

Heavy metal exposure causes enzyme inactivation, reduction in R.B.C., lifespan, fall in hemoglobin surface area, alteration in electron transport, damage to genetic material, immunological variations and change in bio-chemical makeup of different fish species [Bashiru & Rosemary, 2007; Murali & Mehar, 2014 & Nichat, 2018].

The *Spirulina platensis* influenced the sub-lethal & lethal effect of copper & zinc caused variations in brain compartmentation (cerebrum, diencephalons, cerebellum & medulla oblongata) of *hexokinase* in *Labeo rohita*, *Clarias batrachus* & *Channa punctatus* under acute or short term exposure. The sub-lethal and lethal levels of copper & zinc inhibited the *hexokinase* to a highest extent in diencephalon than in cerebrum, medulla oblongata & cerebellum in *Labeo rohita* in comparison to *Clarias batrachus* & *Channa punctatus* but lesser than the fall of the enzymes in the above said fish species directly exposed to sub-lethal & lethal levels of copper & zinc directly without any microbe compelled us to develop an insight to understand the positive impact on important bio-chemical parameters like enzymes that are important to promote a variety of anabolic & catabolic processes in an organism effectively reflects that microbes act as antidote effect fall heavy metal toxicity and the less fall of the four enzymes under investigation may be that microbes has a soothing impact and hence the microbes are able to decrease the sub-lethal & lethal toxicity of sub-lethal & lethal levels of copper & zinc.[Nichat et. al. 2014& Nichat, 2016 a]

The following finding may help to understand the microbe-metal interaction and subsequent detoxification of the metal to a lesser extent in a better way [Lu et al., 2006; Kumar & Kalonia, 2007 & Medhi et al., 2008]. The sub-cellular regions of Cyanobacteria and *Anabaena cylindrica* could trap the lead through its phosphate and precipitates in the form of lead phosphate on the cell wall inside the cell [Sharma & Sharma, 2005; Manjrekar et al., 2008; Ansari & Bhandari, 2008; Kaur & Bansal, 2008; Manousaki & Kalogerakis, 2009; Mench et al., 2009; Bert et al., 2009; Nichat, 2014]. Similar kind of mechanism might have taken place in the present findings i.e. less fall of enzymes in which the cellular components of *Spirulina platensis* might have precipitated the metal into compound with the help of its cellular components and the present findings i.e. less fall of enzymes in presence of an autotroph than the enzyme fall when directly exposed to copper & zinc sub-lethal & lethal levels should understand on similar lines. Enhanced polyphosphate bodies formation were ascribed to heavy metal toxicity exposed group of animals and perhaps these bodies were suggested as the site of metal absorption in aquatic autotrophs [Shaffi, & Kakaria, 2006 & Nichat, 2016 b].

The potential negative surface charge of the poly-phosphate in the polyphosphate bodies will assist to absorb metal. Increase in the exposure time of autotrophs to heavy metals further increases the number of polyphosphate bodies & also composed of other materials such as magnesium, sodium, potassium, iron & copper [Masoodi et al., 2007; Manousaki et al., 2009 & Bert et al., 2009]. Such bodies not only function in polyphosphate storage and further functions as a detoxification process such a mechanism is not ruled out even in the present investigation and the fall of *hexokinase* with the metal exposure directly on one side and metal exposure in presence of *Spirulina* in *Labeo rohita*, *Clarias batrachus* & *Channa punctatus* on both sides educates that the presence of the aquatic autotroph significantly checked the fall of the enzymes in different brain regions of the above said fish species is quite innovative and needs further investigation on a large scale for the application in the aquatic system and to check the menace of pollution [Shaffi, & Kakaria, 2006 & Nichat et al., 2015].

This investigation further helps that aquatic autotrophs can be used to remove heavy metals from an aquatic system over a wide range of pH. Such events might have taken place even in the present investigation and the less fall in *hexokinase* in different brain regions of *Labeo rohita*, *Clarias batrachus* & *Channa punctatus* might be ascribed to a lesser degree in microbe presence than direct exposure to heavy metals.

REFERENCES

- [1]. Aniko, K.P., Ferenc, K., Attila, F. & Timea, P. (2015). Biosorption characteristics of *Spirulina* & *Chlorella* cells for the accumulation of heavy metals. J. Serb. Chem. Soc. **80(3)**:407-419.
- [2]. Ansari, M.N. & Bhandari, U. (2008). Protective effect of *Emblica ribes* (Burm.) on methionine induced hyperhomocysteinemia and oxidative stress in rat brain. Ind. J. Exp. Biol. **46(7)** : 521-527.
- [3]. Bano, M., Vyas, R., Bist, R. & Bhatt, D.K. (2007). Protective role of combination of certain antioxidants against lindane (γ -HCH) induced olfactory dysfunction in mice. J. Cell & Tissue Res. **7(3)** : 26.
- [4]. Bashiru, B.O. & Rosemary, I.E. (2007). Heavy metals (Lead, Cadmium, & Mercury) accumulation in the body tissue of *Pachymelania aurita* (Muller). Inter. J. Ecol. & Environ. Sci. **33(4)** : 301-307.
- [5]. Bert, V., Seuntjens, P., Dejonghe, W., Lacherez, S., Thi, H.T.T. & Vandecasteele, B. (2009). Phyto-remediation as a management option for contaminated sediments in tidal marshes, flood control areas and dredged sediment land fill sites. Environ. Sci. Poll. Res. **16(7)** doi:10.1007/s11356-009-0205-6
- [6]. Colowick, S. P. & Kaplan, N. O. (1975) Methods in Enzymology. Vol. XLI (B) Aca. Press. New York .5
- [7]. Finney, D.T. (1971). Probit Analysis Method.: 2nd Ed. Camb. Uni. Press. 8.Gadd.
- [8]. Kaur, J. & Bansal, M.P. (2008). Effect of Vitamin-E on alcohol-induced changes in oxidative stress and expression of transcription factors NF κ B and Ap-1 in mice brain cerebral hemispheres. Ind. J. Exp. Biol. **46(8)** : 562-567.
- [9]. Kumar, A. & Kalonia, H. (2007). Protective effect of *Withania somnifera* on the behavioral and biochemical alteration in sleep-disturbed mice (Grid over water suspended method). Ind. J. Exp. Biol. **45** : 524 – 528.
- [10]. Lu, H.K., Hsieh, C.C., Hsu, J.J., Yang, J.K. & Chou, H.N. (2006). Preventive effects of *Spirulina platensis* on skeletal muscle damage exercise-induced oxidative stress. Eur. J. Appl. Physiol. **98(2)** :220-226.
- [11]. Manjrekar, A.P., Jisha, V., Bag, P.P., Adhikary, B., Pai, M.M.H & Nandini, M. (2008). Effect of *Phyllanthus niruri* (Linn.) treatment liver, kidney and testes in CCl₄ induced hepatotoxic rats. Ind. J. Exp. Biol. **46(7)** : 514-520.

- [12]. **Manousaki, E. & Kalogerakis, N. (2009).** Phytoextraction of Pb and Cd by the Mediterranean saltbush (*Atriplex halimus* L.): metal uptake in relation to salinity. *Environ. Sci. Pollu. Res.* **16(7)**. doi:10.1007/s11356-009-0224-3
- [13]. **Masoodi, M.H., Khan, S.A., Shah, M.Y., Khan, S., & Ahmed, B (2007).** Hepatoprotective activity of *Lychinis coronaria* L. in carbon tetra chloride induced toxicity. *J. Pharmaceu.* **6(4)** :190-192.
- [14]. **Medhi, B., Prakash, A., Arti, P.K., Saik, V.N., Pandhi, P. & Khanduja, K.L. (2008).** Effect of Manka honey and sulfasalazine in combination to promote antioxidant defense system in experimentally induced ulcerative colitis model in rats. *Ind. J. Exp. Biol.* **46(8)** : 583-590.
- [15]. **Mench, M., Schwitzguébel, J.P, Schroeder, P., Bert, V., Gawronski,S. & Gupta, S. (2009).** Assessment of successful experiments and limitations of phytotechnologies : contaminant uptake, detoxification and sequestration, and consequences for food safety. *Environ. Sci. Pollu. Res.* **16(7)**. doi:10.1007/s11356-009-0241-2.
- [16]. **Murali,O. & Mehar, S.K. (2014):** Bioremediation of heavy metals using *Spirulina*.*Int. j. of Geology, Earth and Env. Sci.* ISSN :2277-2281.
- [17]. **Nichat, A.R.,(2018):** Impact of *Spirulina platensis* on long term zinc metal toxicity on *Labeo rohita* (HAM.), *Clarias betrachus* (LINN.) and *Channa punctatus* (BLOCH.). *IJSR* ISSN :0976-3031 Vol. 9 ISS 3(G) :25101-25104.
- [18]. **Nichat, A.R.,(2016) a:** Role of *Spirulina platensis* on zinc metal caused phosphoglucoisomerase variations in brain regions of fresh water fishes. *IJISSET* Vol. 3 (4), ISSN 2348-7968 pp 429-438.
- [19]. **Nichat, A.R.,(2016) b:** Combined impact of *Chlorella vulgaris* and *Spirulina platensis* on copper metal caused variations of phosphoglucomutase enzyme. *IJSR* Vol.2 (5) EISSN No.:2455-255X pp21-23.
- [20]. **Nichat, A.R., Kakariya, V.K., Shaffi, S.A. (2015):** Zinc metal caused hexokinase variations in different brain regions of teleosts and influence of *Chlorella vulgaris* with the special reference of detoxification. *IOSR Journals* Vol. 1 (3) eISSN: 2319-2402, pISSN: 2319-2399 pp10-14.
- [21]. **Nichat, A.R., Kakariya, V.K., Shaffi, S.A. (2014):** Influence of *Chlorella vulgaris* on copper metal caused phosphoglucomutase variations in different brain regions of teleosts due to detoxification. *J. Industrial Poll. Control* Vol.30(2) ISSN 0970-2083 pp 185-189.
- [22]. **Shaffi, S.A. & Habibulla,M.(1977).** Differential distribution of glycogen,lactate & pyruvate in different brain regions of rat.*Ind.j.exp.Biol.*14:307-308.16.
- [23]. **Shaffi, S.A. & Kakaria, V.K. (2006) .** Comparison of the sub-lethal effect of metal mixture on gluconeogenic enzymes compartmentation and recovery in brain of three fresh water teleosts : *J. Cell & Tissue Res.* 6:3.17.
- [24]. **Sharma, S. & Sharma, S. (2005).** Protective role of *Spirulina* feed in a fresh water fish (*Poecilia reticulata*) exposed to an Azo-dye . *Nat. Enviorn. Poll. Technol.* :506-508.

Avinash R.Nichat. "Study of Combined Impact of *Chlorella Vulgaris* And *Spirulina Platensis* on Sub - Lethal & Lethal Concentrations of Copper & Zinc Toxicity on *Labeo Rohita* (Ham), *Clarias Batrachus* (Linn) And *Channa Punctatus* (Bloch).". *IOSR Journal of Pharmacy (IOSRPHR)*, vol. 9, no. 1, 2019, pp. 44-49.